

## GRADUATE CERTIFICATE IN COUNSELLING – 48.8 INTAKE

| NO | DATE        | DAY   | TIME            | HRS | ATTENDANCE             | LECTURE   | ACADEMIC STAFF / FACILITATOR     | MODE OF DELIVERY  | SUBMISSION OF ONLINE EVALUATION |
|----|-------------|-------|-----------------|-----|------------------------|---|----------------------------------|-------------------|---------------------------------|
| 1  | 19 Sep 2025 | Fri   | 6.30pm – 9.30pm | 3   | Attendance is Required | COURSE ORIENTATION (Start of Course)  | Dr Jessica Leong                 | In-Person at ECTA | N.A.                            |
| 2  | 24 Sep 2025 | Wed   | 6.30pm – 8.30pm | 2   | Attendance is Required | Administration of Pre-Course Counselling Process  | Senior Head of Course Management | In-Person at ECTA | N.A.                            |
| 3  | 2 Oct 2025  | Thurs | 6.30pm – 9.30pm | 3   | 90%                    | Counselling Psychogeriatric Clients   | Dr Ng Li Ling                    | ZOOM              | 2 Oct 2025                      |
| 4  | 6 Oct 2025  | Mon   | 5.30pm – 9.30pm | 4   | 90%                    | A Guide to APA Style: Referencing & Formatting  | Mr Prakash S/O K R G Nair        | In-Person at ECTA | 6 Oct 2025                      |
| 5  | 10 Oct 2025 | Fri   | 6.30pm – 9.30pm | 3   | 90%                    | A Guide to Academic Writing   | Dr Chitra Varaprasad             | In-Person at ECTA | 10 Oct 2025                     |
| 6  | 13 Oct 2025 | Mon   | 9.00am – 5.00pm | 8   | 90%                    | Rapport & Counselling Relationship<br>WSQ Course: Building Counselling Relationship Competencies and the “6Cs” Model of Counselling | Dr Jessica Leong                 | In-Person at ECTA | 27 Oct 2025                     |
| 7  | 15 Oct 2025 | Wed   | 6.30pm – 9.30pm | 3   | Attendance is Required | Practicum Briefing  | Senior Head of Practicum         | In-Person at ECTA | N.A.                            |
| 8  | 22 Oct 2025 | Wed   | 9.00am – 5.00pm | 8   | 90%                    | Overview of Counselling Theories  | Dr Augustine Tan                 | In-Person at ECTA | 22 Oct 2025                     |

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| 9  | 25 Oct 2025 | Sat | 9.00am – 5.00pm | 8   | 90%  | Rapport & Counselling Relationship  | Dr Jessica Leong                  | In-Person at ECTA | 27 Oct 2025                     |
| 10   | 27 Oct 2025 | Mon | 9.00am – 5.00pm | 8   |  | WSQ Course: Building Counselling Relationship Competencies and the “6Cs” Model of Counselling |                                   |                   |                                 |
| 11   | 3 Nov 2025  | Mon | 6.30pm – 9.30pm | 3   | 100%   | Writing of Case Reports and Progress Notes  | Dr Augustine Tan                  | In-Person at ECTA | 3 Nov 2025                      |
| 12   | 5 Nov 2025  | Wed | 9.00am – 5.00pm | 8   | 90%  | Micro-Skills in Counselling 1 (Group A & B)   | Dr Augustine Tan & Mr Winston Tay | In-Person at ECTA | 17 Nov 2025                     |
| 13   | 10 Nov 2025 | Mon | 9.00am – 5.00pm | 8   |  | Micro-Skills in Counselling 2 (Group A)   | Dr Augustine Tan                  |                   |                                 |
| 14   | 12 Nov 2025 | Wed | 9.00am – 5.00pm | 8   |  | Micro-Skills in Counselling 2 (Group B)   | Mr Winston Tay                    |                   |                                 |
| 15   | 17 Nov 2025 | Mon | 6.30pm – 9.30pm | 3   |  | Micro-Skills in Counselling 3 (Group A)   | Dr Augustine Tan                  |                   |                                 |
| 16   | 17 Nov 2025 | Mon | 6.30pm – 9.30pm | 3   |  | Micro-Skills in Counselling 3 (Group B)   | Mr Winston Tay                    |                   |                                 |
| <b>END OF MHSC8039</b>                           |             |     |                 |     |  |   |                                   |                   |                                 |
| <b>MHSC8039 GENERIC COUNSELLING COMPETENCIES</b> |             |     |                 |     | <b>Rapport &amp; Counselling Relationship Case Study</b> |   | <b>Date: 21 November 2025</b>     |                   |                                 |
|  |             |     |                 |     | <b>Rapport &amp; Counselling Written Case Assessment</b> |   | <b>Date: 28 November 2025</b>     |                   |                                 |
|  |             |     |                 |     | <b>Classroom Live Assessment</b>                         |   | <b>Date: 17 November 2025</b>     |                   |                                 |

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|----|--|--------------------------------|-------------------------|-----|------------|---|------------------------------|-------------------|---------------------------------|
| 17 | <del>26 Nov 2025</del><br><b>27 Nov 2025</b> | <del>Wed</del><br><b>Thurs</b> | 6.30pm – 9.30pm         | 3   | 90%        | Person-Centered Therapy                   | Mr David Blakely             | In-Person at ECTA | 5 Dec 2025                      |
| 18 | 2 Dec 2025                                   | Tue                            | 6.30pm – 9.30pm         | 3   |            |   |                              |                   |                                 |
| 19 | 5 Dec 2025                                   | Fri                            | 6.30pm – 9.30pm         | 3   |            |   |                              |                   |                                 |
| 20 | 6 Dec 2025                                   | Sat                            | Asynchronous E-Learning | 5   | -          | Counselling Process: The Skilled Helper   | Mr Tony Tan                  | E-Learning        | -                               |
| 21 | 8 Dec 2025                                   | Mon                            | 6.30pm – 9.30pm         | 3   | 90%        | Counselling Process: The Skilled Helper   | Mr Laurence Ho               | In-Person at ECTA | 15 Dec 2025                     |
| 22 | 15 Dec 2025                                  | Mon                            | 6.30pm – 9.30pm         | 3   |            |   |                              |                   |                                 |
| 23 | 17 Dec 2025                                  | Wed                            | 6.30pm – 9.30pm         | 3   | 90%        | Introduction to Cyber Counselling         | Ms Malar D/O Palaiyan        | In-Person at ECTA | 20 Jan 2026                     |
| 24 | 5 Jan 2026                                   | Mon                            | 6.30pm – 9.30pm         | 3   | 90%        | Intervention and Problem-Solving Skills   | Mr Joachim Lee               | In-Person at ECTA | 12 Jan 2026                     |
| 25 | 12 Jan 2026                                  | Mon                            | 6.30pm – 9.30pm         | 3   |            |   |                              |                   |                                 |
| 26 | 16 Jan 2026                                  | Fri                            | 6.30pm – 9.30pm         | 3   | 90%        | Introduction to Motivational Interviewing | Mr Benjamin Yeo              | In-Person at ECTA | 30 Jan 2026                     |

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|--|----------------------------|------------|------------------------------|---|------------|--|---|-------------------|---------------------------------|
| 27   | 20 Jan 2026                | Tue        | 6.30pm – 9.30pm              | 3   | 90%        | Introduction to Cyber Counselling  | Ms Malar D/O Palaiyan                           | ZOOM              | 20 Jan 2026                     |
| 28   | 23 Jan 2026                | Fri        | 6.30pm – 9.30pm              | 3   | 90%        | Introduction to Motivational Interviewing  | Mr Benjamin Yeo                                 | In-Person at ECTA | 30 Jan 2026                     |
| 29   | 30 Jan 2026                | Fri        | 6.30pm – 9.30pm              | 3   |            |  |   |                   |                                 |
| <b>END OF MHSC8037</b>   |                            |            |                              |   |            |  |   |                   |                                 |
| <b>MHSC8037 COUNSELLING PROCESSES, GOALS AND INTERVENTIONS</b> |                            |            |                              | <b>Counselling Process: The Skilled Helper<br/>Online Multiple-Choice Questions</b> |            |  | <b>Date: 16 December 2025 to 5 January 2026</b> |                   |                                 |
|  |                            |            |                              | <b>Counselling Processes, Goals and Interventions Written Assessment</b>            |            |  | <b>Date: 3 February 2026</b>                    |                   |                                 |
| 30   | 3 Feb 2026                 | Tue        | 6.30pm – 9.30pm              | 3   | 90%        | An Appreciation of Cultural Diversity and Inclusivity from a Counselling Perspective | Mr Bernard Mackenzie                            | In-Person at ECTA | 13 Feb 2026                     |
| 31   | 13 Feb 2025<br>14 Feb 2026 | Fri<br>Sat | 5.30pm – 9.30pm<br>9am – 1pm | 4   |            |  |   |                   |                                 |
| 32   | 23 Feb 2026                | Mon        | 6.30pm – 9.30pm              | 3   | 100%       | Group Supervision 1 (Group A)  | Ms Carolyn                                      | In-Person at ECTA | 23 Feb 2026                     |
| 33   | 25 Feb 2026                | Wed        | 6.30pm – 9.30pm              | 3   | 100%       | Group Supervision 1 (Group B)  | Mr Daniel Chee                                  | In-Person at ECTA | 25 Feb 2026                     |
| 34   | 9 Mar 2026                 | Mon        | 6.30pm – 9.30pm              | 3   | 90%        | An Introduction to Personality Theories  | Dr Tan Sheng Neng                               | In-Person at ECTA | 23 Mar 2026                     |

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|---|-------------|-----|------------------|--|------------|---|--|-------------------|---------------------------------|
| 35  | 14 Mar 2026 | Sat | 12.00pm – 6.00pm | 6  | 90%        | Human Development                       | Mr John Ang                                      | ZOOM              | 14 Mar 2026                     |
| 36  | 16 Mar 2026 | Mon | 6.30pm – 9.30pm  | 3  | 90%        | An Introduction to Personality Theories | Dr Tan Sheng Neng                                | In-Person at ECTA | 23 Mar 2026                     |
| 37  | 23 Mar 2026 | Mon | 6.30pm – 9.30pm  | 3  |            |   |  | ZOOM              |                                 |
| <b>END OF MHSC8036</b>  |             |     |                  |  |            |   |  |                   |                                 |
| <b>MHSC8036 FOUNDATION COUNSELLING THEORIES AND APPROACHES</b>          |             |     |                  | <b>Person-Centred Therapy Online Multiple-Choice Questions</b>   |            |   | <b>Date: 8 December 2025 to 29 December 2025</b> |                   |                                 |
|   |             |     |                  | <b>An Appreciation of Cultural Diversity and Inclusivity from a Counselling Perspective Written Assessment</b> |            |   | <b>Date: 9 March 2026</b>                        |                   |                                 |
| 38  | 1 Apr 2026  | Wed | 6.30pm – 9.30pm  | 3  | 100%       | Group Supervision 2 (Group A)           | Ms Vandana Khanna                                | In-Person at ECTA | 1 Apr 2026                      |
| 39  | 8 Apr 2026  | Wed | 6.30pm – 9.30pm  | 3  | 100%       | Group Supervision 2 (Group B)           | Mr Kenny Ong                                     | In-Person at ECTA | 8 Apr 2026                      |
| <b>END OF MHSC8038</b>  |             |     |                  |  |            |   |  |                   |                                 |
| <b>MHSC8038 PRINCIPLES OF COUNSELLING ETHICS AND SUPERVISION</b>        |             |     |                  | <b>Submission of e-Practicum Logsheets</b>   |            |   | <b>Date: 13 April 2026</b>                       |                   |                                 |
|   |             |     |                  | <b>Submission of Supervisor's Report and Supervisee's Feedback</b>   |            |   |  |                   |                                 |
|   |             |     |                  | <b>Submission of Feedback from on Practicum Site(s)</b>  |            |   |  |                   |                                 |
|   |             |     |                  | <b>Submission of Personal Journal</b>  |            |   |  |                   |                                 |
| <b>SUBMISSION OF STUDENT SATISFACTION SURVEY (SSS) BY 13 April 2026</b> |             |     |                  |  |            |   |  |                   |                                 |

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| 40 | 29 Apr 2026 | Wed | 6.30pm – 9.30pm | 3   | Attendance is Required | Course Review (End of Course) | Dr Jessica Leong             | In-Person at ECTA | -                               |

### Public Holidays

|             |           |   |                         |             |        |   |                       |
|-------------|-----------|---|-------------------------|-------------|--------|---|-----------------------|
| 20 Oct 2025 | Monday    |    | <b>Deepavali</b>        | 20 Mar 2026 | Friday |  | <b>Hari Raya Haji</b> |
| 25 Dec 2025 | Thursday  |    | <b>Christmas Day</b>    | 3 Apr 2026  | Friday |  | <b>Good Friday</b>    |
| 1 Jan 2026  | Thursday  |    | <b>New Year</b>         |             |        |   |                       |
| 17 Feb 2026 | Tuesday   |  | <b>Chinese New Year</b> |             |        |   |                       |
| 18 Feb 2026 | Wednesday |   |                         |             |        |   |                       |