

ATTENTION DEFICIT HYPERACTIVITY DISORDER, AUTISM SPECTRUM DISORDER AND PSYCHOSIS IN ADOLESCENT: COUNSELLING SUPPORT

ADHD

ASD

PSYCHOSIS

COURSE FACILITATORS

Dr Lan Zhong Zheng (Part 1)
Psychiatrist | Psychotherapist
BMed, MD, University of New South Wales

Dr Tan Sheng Neng (Part 2)
Senior Consultant Psychiatrist
MBBS (University of Melbourne, Australia), M Med
(Psych) (NUS, Singapore), MCI (NUS, Singapore),
FAMS

ADMINISTRATIVE DETAILS

Date: 30 August 2025
Time: 2.00pm – 6.00pm (Part 1)

Date: 10 September 2025
Time: 6.30pm – 9.30pm (Part 2)

Venue: Executive Counselling and Training
Academy (ECTA)

S\$ 268

LEARNING OUTCOMES

At the end of the course, you will:

- understand mental health as a continuum and the multiple factors that affect mental health
- recognise risk factors that have an impact on youth/adolescence mental health
- appreciate how symptoms of psychosis could impair a youth/adolescent's ability to participate in daily life
- manage and identify ADHD and ASD symptoms in youth/adolescents that interfere with daily functioning
- learn support skills for ADHD and ASD youth/adolescents to improve language, cognitive, social and motor skills
- learn practical skills and strategies to promote and support better mental health among youth/adolescents

Course Preview

Graduate Certificate in Counselling
Graduate Diploma in Counselling
Master of Counselling

21 July 2025, at 6.30pm to 8.30pm

Courses aligned with these sectors

Education, healthcare professionals, social
work, helping professions and parents

Inquiries: 6346 6411 / 6339 5191
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