

# ATTENTION DEFICIT HYPERACTIVITY DISORDER, AUTISM SPECTRUM DISORDER AND PSYCHOSIS IN ADOLESCENT: COUNSELLING SUPPORT

ADHD

ASD

PSYCHOSIS

## COURSE FACILITATORS

**Dr Lan Zhong Zheng (Part 1)**  
Psychiatrist | Psychotherapist  
BMed, MD, University of New South Wales

**Dr Tan Sheng Neng (Part 2)**  
Senior Consultant Psychiatrist  
MBBS (University of Melbourne, Australia), M Med  
(Psych) (NUS, Singapore), MCI (NUS, Singapore),  
FAMS

## ADMINISTRATIVE DETAILS

Date: 24<sup>th</sup> May 2025  
Time: 2.00pm – 6.00pm (Part 1)

Date: 28<sup>th</sup> May 2025  
Time: 6.30pm – 9.30pm (Part 2)

Venue: Executive Counselling and Training  
Academy (ECTA)

## LEARNING OUTCOMES

At the end of the course, you will:

- understand mental health as a continuum and the multiple factors that affect mental health
- recognise risk factors that have an impact on youth/adolescence mental health
- appreciate how symptoms of psychosis could impair a youth/adolescent's ability to participate in daily life
- manage and identify ADHD and ASD symptoms in youth/adolescents that interfere with daily functioning
- learn support skills for ADHD and ASD youth/adolescents to improve language, cognitive, social and motor skills
- learn practical skills and strategies to promote and support better mental health among youth/adolescents

**UTAP**  
Union Training Assistance Programme

**S\$ 268**

## Course Preview

Graduate Certificate in Counselling  
Graduate Diploma in Counselling  
Master of Counselling

21<sup>st</sup> February 2025, at 6.30pm  
Presentation: Dual Mode

## Courses aligned with these sectors

Education, healthcare professionals, social  
work, helping professions and parents

Inquiries: 6346 6411 / 6339 5191  
Email to: [info@ecta.edu.sg](mailto:info@ecta.edu.sg)  
Website: [www.ecta.edu.sg](http://www.ecta.edu.sg)



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