

# ATTENTION DEFICIT HYPERACTIVITY DISORDER, AUTISM SPECTRUM DISORDER AND PSYCHOSIS IN ADOLESCENT: COUNSELLING SUPPORT

ADHD

ASD

PSYCHOSIS

## COURSE FACILITATORS

**Dr Lan Zhong Zheng (Part 1)**  
Psychiatrist | Psychotherapist  
BMed, MD, University of New South Wales

**Dr Tan Sheng Neng (Part 2)**  
Senior Consultant Psychiatrist  
MBBS (University of Melbourne, Australia), M Med  
(Psych) (NUS, Singapore), MCI (NUS, Singapore),  
FAMS

## ADMINISTRATIVE DETAILS

Date: 26 July 2022  
Time: 1.00pm – 5.00pm (Part 1)

Date: 29 July 2022  
Time: 2.00pm – 5.00pm (Part 2)

(Total Duration: 7 hours)

Venue: Executive Counselling and Training  
Academy (ECTA)  
1 Kay Siang Road #08-01/02  
Singapore 248922

**S\$ 288**

## LEARNING OUTCOMES

At the end of the course, you will:

- understand mental health as a continuum and the multiple factors that affect mental health
- recognise risk factors that have an impact on youth/adolescence mental health
- appreciate how symptoms of psychosis could impair a youth/adolescent's ability to participate in daily life
- manage and identify ADHD and ASD symptoms in youth/adolescents that interfere with daily functioning
- learn support skills for ADHD and ASD youth/adolescents to improve language, cognitive, social and motor skills
- learn practical skills and strategies to promote and support better mental health among youth/adolescents

## ENTRY REQUIREMENTS

- GCE 'O' Level
- Proficient in English
- 21 years old and above

## TARGET AUDIENCE

Teachers, social workers, counsellors,  
psychotherapists, youth workers, parents,  
and practitioners directly supporting  
youth/adolescents

## FURTHER INFORMATION & REGISTRATION



MORE INFORMATION

Telephone: 6346 6411 / 6339 5191  
Email to [adelyn@ecta.edu.sg](mailto:adelyn@ecta.edu.sg)

Website: [www.ecta.edu.sg/short-courses/adhd-asd-psychosis-in-adolescent/](http://www.ecta.edu.sg/short-courses/adhd-asd-psychosis-in-adolescent/)



REGISTRATION