Degrees accredited and awarded by:



Master of Counselling (Advanced)

Graduate Diploma of Counselling Graduate Certificate of Counselling

Graduate Diploma in Clinical Supervision

Graduate Certificate in Clinical Supervision

Graduate Certificate in Specialist Forensic Assessment and Risk Management



Courses organised by



CPE Registration No.: 200209120M Period: 20 June 2018 – 19 June 2022



ACADEMIC PARTNERS

EXECUTIVE COUNSELLING AND TRAINING ACADEMY



Executive Counselling and Training Academy Pte Ltd (ECTA) is a Private Education Institution (PEI), founded in October 2002. **ECTA** is registered with the Committee for Private Education (CPE).

(CPE Registration Number: 200209120M; Period: 20 June 2018 to 19 June 2022)

ECTA is committed to fulfilling the learning needs of potential professional counsellors. We provide top quality post-graduate courses to individuals interested in taking up counselling as a professional career. All **ECTA** degrees are accredited and awarded by **Swinburne University of Technology**.

ECTA's three-stage **Master of Counselling (Advanced)** is recognised by the Singapore Association for Counselling (SAC) and the Australian Counselling Association (ACA) for building counselling professionals.

Our **Graduate Diploma in Clinical Supervision** meets the standards of eligibility for Australian Counselling Association (ACA)'s Professional College of Supervisors.

Executive Counselling and Training Academy (ECTA)

1 Kay Siang Road #08-01/02 Singapore 248922

Tel: +65 6346 6411 Fax: +65 6334 2911

Website: http://www.ecta.edu.sg

Email: info@ecta.edu.sq

EXECUTIVE COUNSELLING AND TRAINING ACADEMY

Our VISION

To be the leading provider of professional counselling and health-related education in Singapore.

Our MISSION

To harness technology to provide high-quality professional counselling and health-related

courses.

Our CORE VALUES

PRIDE

PROFESSIONALISM: We are committed to being consistent and conscientious at all times.

RESILIENCE: We remain resilient in challenging situations.

NTEGRITY: We are honest in all interactions.

DEDICATION: We are dedicated to providing excellent service.

ETHICS: We uphold the highest ethical standards in all situations.

Our CULTURE

Professionalism is the defining feature of **ECTA's** culture. We aspire to deliver our courses with integrity to our learners, and engage our stakeholders and academic partners with professionalism. We engage academic staff who meet the standards of their respective professional bodies and associations. Through rigorous coaching, we ensure that our administrative staff conduct themselves with excellence and demonstrate care and support for our learners.

2

SWINBURNE UNIVERSITY OF TECHNOLOGY



A FUTURE-FOCUSED UNIVERSITY

Established as a university in 1992, **Swinburne University of Technology** is a world-class multidisciplinary institution that leads the way in science, technology, business, design and innovation.

Swinburne University's strengths build on the founding principles of equal opportunity, student-focused learning and industry engagement.

Much of **Swinburne University's** research is concentrated in its specialist centres, which are noted for their industry links, community service and multidisciplinary approach. **Swinburne's** graduates are widely recognised for their skills in solving important practical problems through applied, interdisciplinary research, and are making significant contributions to industry, business and society both in Australia and globally.

Swinburne University has established a strong international reputation and built highly successful relationships with universities around the world. International collaborations with and mobility between partner-universities provide **Swinburne** students with a truly international experience.

UNIVERSITY RANKINGS

Swinburne University's standing in prestigious world academic ranking lists reflects **Swinburne's** commitment to high-quality teaching, research and graduate outcomes.

2018

The Young University Rankings placed **Swinburne University** in 65 position out of 250 institutions. The Young University Rankings recognise world's top universities which are under 50 years old.

2018

QS World University Rankings identified **Swinburne University** as one of the world's top 400 universities, placing it in the top three per cent of universities worldwide.

2018

QS World Rankings of Universities by Subject recognised **Swinburne University** as one of the best 40 design schools in the world for its Art and Design.

2017

Swinburne University was placed in the "QS Top 100 Under 50 Years", for the third time.

2017

The Academic Ranking of World Universities (ARWU) ranked **Swinburne University** as one of the world's top 350 universities.

2016-17

The Times Higher Education World University Rankings positioned **Swinburne University** among the world's top 400 universities for four consecutive years.

2016

Swinburne University was placed in the top 200 institutions in the world for Science.

• Swinburne University achieved a top 75 ranking in the ARWU field of civil engineering.



RESEARCH IMPACT

Swinburne University's internationally recognised research creates jobs, improves lives, connects science and technology with business and the community, and elicits real change in the world. Swinburne University's research and development activities are in five key areas: future manufacturing, sustainable futures, digital frontiers, personal and societal well-being, and inspirational science and technology.

SWINBURNE ADVANTAGE

Swinburne University's courses are designed with student's future in mind. It offers high-quality teaching, opportunities to engage with industry, state-of-the-art facilities and flexible study options. Well recognised by professional organisations, **Swinburne University's** courses have close ties with industry and provide invaluable workplace experience.

Swinburne University of Technology

Faculty of Health, Arts and Design
Corner of Burwood Rd and William St
Hawthorn, Victoria, 3122 Australia Hawthorn, Victoria, 3122, Australia

Website:

http://www.swinburne.edu.au

http://www.swinburne.edu.au/health-arts-design

MOUNT ELIZABETH HOSPITAL



Mount Elizabeth Hospital, a 345-bed private tertiary acute care hospital, is one of the largest in the region, and has an established reputation in private healthcare in Asia.

Recognised throughout the region for its speciality services and excellent physicians, **Mount Elizabeth**

Hospital offers Cardiology, Neurosciences, and many other tertiary services. It opened the first private cancer centre in the region, and is the first private hospital in Singapore to offer Cardiac Catheterisation, Cardiac and Neurosurgery and other advanced medical procedures.

Mount Elizabeth Hospital provides a wide range of medical and surgical services and is known for its specialists' expertise, quality nursing care and state-of-the-art technology. The hospital performs the largest number of cardiac surgeries and neurosurgeries in the private sector in the region. **Mount Elizabeth Hospital** is Joint Commission International accredited.

PARKWAY COLLEGE OF NURSING AND ALLIED HEALTH

Parkway College of Nursing and Allied Health (Parkway College) is a wholly-owned subsidiary of Parkway Holdings Pte Ltd.

Parkway College aspires to be the premier global private educational institution in the niche fields of Nursing, Allied Health and Healthcare Management. Parkway College provides opportunities for life-long learning, and equips its students with skills and knowledge to succeed in the workplace.



MASTER OF COUNSELLING (ADVANCED)

The **Master of Counselling (Advanced)** is a two-year "nested suite" course, comprising the following three stages:



Students may exit after successfully completing each stage and be awarded the respective degree.

The **Master of Counselling (Advanced)**, as a two-year, 1,000-hour course, is recognised by the Singapore Association for Counselling (SAC), and the Australian Counselling Association (ACA).

STAGE 1: GRADUATE CERTIFICATE OF COUNSELLING

The Graduate Certificate of Counselling is a part-time, 6-month programme consisting of 4 units totaling 182 contact hours. It is the first stage of a 24-month "nested suite" course that includes Stage 2: Graduate Diploma of Counselling, and Stage 3: Master of Counselling (Advanced).

COURSE OVERVIEW

The **Graduate Certificate of Counselling** is designed to provide counselling practice and training for professionals involved in mental health and social services as well as those in fields where counselling skills play a primary occupational role. The course offers a broad approach to counselling with an introduction to practical counselling skills and the processes of counselling. It also provides opportunities for skills acquisition and application. The course is practical in nature and is tailored to help students develop an awareness of self, and to obtain a well-articulated understanding of the stages of counselling.

COURSE OBJECTIVES

Students who successfully complete the **Graduate Certificate of Counselling** course will be able to:

- a) gain an understanding of the major counselling approaches;
- b) use counselling processes and interventions;
- c) develop generic helping skills to manage counselling cases;
- d) be aware of professional counselling ethics; and
- e) grow with individual and group supervision as well as personal therapy.

ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, diploma, or appropriate professional qualifications (in areas such as psychology, social work, medicine, nursing or education), or have completed recognised counselling training at certificate level, or possess appropriate in-service training in a related discipline.

Applicants should be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

- a) a face-to-face interview;
- b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and
- c) submission of one-character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

Significant and Relevant Work Experience

Applications who do not possess a basic degree, but who have substantial professional experience as defined by the Swinburne University of Technology (SUT) Significant and Relevant Work Experience (SRWE) criteria, may be admitted into this Stage (subject to SUT's approval).

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-playing, video viewing, small group discussions and clinical supervision.

UNIT CODES & CREDIT POINTS

PSC60011: PROFESSIONAL ETHICS AND SUPERVISION (12.5 Credit Points)

PSC60012: SPECIFIC SKILLS IN COUNSELLING (12.5 Credit Points)

PSC60013: THEORIES AND FOUNDATIONS OF COUNSELLING (12.5 Credit Points)

PSC60014: COUNSELLING PROCESSES AND INTERVENTIONS (12.5 Credit Points)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Counselling 50 Credit Points		
Contact Hours (182)		
Lectures	90	
Case Management	28	
Group Supervision	6	
Individual Supervision	5	
Counselling Direct Contact Hours	10	
Personal Counselling	3	
Related Counselling Activities	10	
Personal Journal	30	
6 months		

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be awarded the **Graduate Certificate of Counselling**, and may progress **to Stage 2: Graduate Diploma of Counselling**.

FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. For the **Graduate Certificate of Counselling**, personal counselling fees are also included. Course Fees <u>do not</u> include the cost of recommended textbooks and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of its online library, graduation in Singapore, and general administration.

Payment of Total Course Fees

Course Fees are payable in 3 instalments:

Course Fees	S\$7,532.80 (Inclusive of GST)
Administrative Fees	S\$888.10 (Inclusive of GST)
FPS Premium*	S\$50.53 (Inclusive of GST)
Total Course Fees	S\$8,471.43 (Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

STAGE 2: GRADUATE DIPLOMA OF COUNSELLING

The **Graduate Diploma of Counselling** is a part-time, 6-month programme consisting of 4 units totaling 250 hours. It is the second stage of a 24-month "nested suite" course that includes **Stage**1: **Graduate Certificate of Counselling**, and **Stage 3: Master of Counselling** (**Advanced**).

COURSE OVERVIEW

The **Graduate Diploma of Counselling** is designed to develop counselling competencies and provide training for professionals who seek to incorporate advanced counselling skills in their primary occupational role. The aim is to equip students with knowledge, skills and dispositions to establish and maintain an effective alliance with their clients in order to assist them to work through issues and concerns towards making an effective change. The course will introduce students to major theoretical principles and develop in them an understanding on how various interventions can be applied in counselling settings. Students will also learn to competently apply research methodology in a multi-cultural setting. The course is intended to prepare students for professional practice as a counsellor in a range of human service organisations.

COURSE OBJECTIVES

Students who successfully complete the **Graduate Diploma of Counselling** course will be able to:

- a) gain a deeper understanding of the major theoretical approaches;
- b) examine professional ethics;
- c) undertake research in cross-cultural issues; and
- d) develop the required knowledge and competencies to manage counselling issues and interventions.

ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

- a) a face-to-face interview;
- b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and
- c) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

Academic Prerequisite

Applicants should have completed the Graduate Certificate of Counselling, or its equivalent.

Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-playing, video viewing, small group discussions and clinical supervision.

UNIT CODES & CREDIT POINTS

PSC70002: ASSESSMENT AND TREATMENT OF PSYCHOLOGICAL DISORDERS

(12.5 CREDIT POINTS)

PSC70009: COUNSELLING RESEARCH PROCESSES (12.5 CREDIT POINTS)

PSC70015: SPECIFIC APPROACHES TO COUNSELLING (12.5 CREDIT POINTS)

PSC70017: ADVANCED INTERVENTIONS IN COUNSELLING AND GROUP PROCESSES

(12.5 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Counselling 50 Credit Points Contact Hours (182)		STAGE 2 Graduate Diploma of Counselling 50 Credit Points Contact Hours (250)		
Lectures	90	Lectures	125	
Case Management	28	Case Management	30	
Group Supervision	6	Group Supervision	9	
Individual Supervision	5	Individual Supervision	6	
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	
Personal Counselling	3	-	-	
Related Counselling Activities	10	Related Counselling Activities & Clinical Site Visit to Mount Elizabeth Hospital	24	
Personal Journal	30	Personal Journal	26	
6 months		6 months		

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be awarded the **Graduate Diploma of Counselling**, and may progress to **Stage 3: Master of Counselling (Advanced)**.

FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees <u>do not</u> include the cost of recommended textbooks and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of its online library, graduation in Singapore, and general administration.

Payment of Total Course Fees

Course Fees are payable in 3 instalments:

Total Course Fees	S\$10,755.59	— (Inclusive of GST)
FPS Premium*	S\$64.15	(Inclusive of GST)
Administrative Fees	S\$1,391.00	(Inclusive of GST)
Course Fees	S\$9,300.44	(Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

STAGE 3: MASTER OF COUNSELLING (ADVANCED)

The Master of Counselling (Advanced) is a part-time, 12-month programme consisting of 4 units totaling 568 hours. It is the third and final stage of a 24-month "nested suite" course that includes Stage 1: Graduate Certificate of Counselling, and Stage 2: Graduate Diploma of Counselling.

COURSE OVERVIEW

The **Master of Counselling (Advanced)** is specifically designed to deepen counselling knowledge mastery and heighten skills-performance. Apart from keeping abreast of new and emerging counselling theories, students will have ample opportunities to explore and analyse advanced intervention models and approaches and apply them in various authentic counselling settings.

The **Master of Counselling (Advanced)** programme is taught and facilitated by academics with extensive clinical and field experience, and is awarded by the Swinburne University of Technology. The programme, which can be completed in 24 months, provides a professional qualification and is suitable for professionals involved in human resources, health, social services, and education. Professionals who are keen to hone further their counselling skills in helping others to grow, will learn to transform their natural talents, abilities and inclinations and build a rewarding professional career.

An integral component of the three-stage **Master of Counselling (Advanced)** programme is its 1,000 contact hours (over all three stages), which includes 100 hours of client counselling, 21 hours of individual supervision, and 39 hours of group supervision.

Apart from the 1,000 contact hours, the **Master of Counselling (Advanced)** programme offers additional features, including counselling-related learning, such as clinical experiences at Mount Elizabeth Hospital, observations and activities at the Child Guidance Clinic, Institute of Mental Health, and Family Service Centre, case note documentation, attendance at conferences and meetings, as well as participation in discussions on case management with families, educators, social workers, doctors, psychiatrists and other professionals involved in mental health.

The main objectives of the **Master of Counselling (Advanced)** programme are to ensure the acquisition of an advanced level of knowledge of key counselling approaches, and the development of critical competencies for immediate application in counselling practice.

The **Master of Counselling (Advanced)** is recognised by the Singapore Association for Counselling (SAC) and Australian Counselling Association (ACA).

COURSE OBJECTIVES

Students who successfully complete the **Master of Counselling (Advanced)** programme will be able to:

- a) apply counselling, psychotherapeutic and psychological theories at an advanced level;
- b) implement various counselling approaches especially in Cognitive Behavioural Therapy or Family Therapy;
- c) act as a professional counsellor in accordance with ethical guidelines and professional boundaries;
- d) apply process of self-monitoring, self-examination and self-awareness in on-going personal and professional development; and
- e) utilise a set of advanced interpersonal skills which emphasises processes of facilitation.

ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

- a) evidence of a high standard of performance at the Graduate Diploma of Counselling level,
 or its equivalent;
- b) a face-to-face interview;
- c) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained;
- d) evidence of appropriate supervised counselling experience; and
- e) submission of one-character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

Academic Prerequisites

Applicants should have completed the **Graduate Certificate of Counselling**, or its equivalent and the **Graduate Diploma of Counselling**, or is equivalent.

Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-playing, video viewing, small group discussions and clinical supervision.

UNIT CODES & CREDIT POINTS

PSC80004: ADVANCED COUNSELLING PLACEMENT (25.0 CREDIT POINTS)

PSC80010: ADVANCED COUNSELLING THEORIES (25.0 CREDIT POINTS)

PSC80011: PROFESSIONAL PRACTICE AND COUNSELLING SETTINGS (25.0 CREDIT

POINTS)

PSC80005: (ELECTIVE) ADVANCED TRAINING IN FAMILY THERAPY INTERVENTIONS

(25.0 CREDIT POINTS) OR

PSC80012: (ELECTIVE) ADVANCED TRAINING IN COGNITIVE BEHAVIOURAL

INTERVENTIONS (25.0 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Couns	selling	STAGE 2 Graduate Diploma of Counselling		STAGE 3 Master of Counselling (Advar	iced)	TOTAL
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		100 Credit Points Contact Hours (568)		200 C.P 1000 hrs
Lectures	90	Lectures	125	Lectures	277	492
Case Management	28	Case Management	30	Case Management	100	158
Group Supervision	6	Group Supervision	9	Group Dynamics & Interventions	24	39
Individual Supervision	5	Individual Supervision	6	Individual Supervision	10	21
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	60	100
Personal Counselling	3	-	-	50	-	3
Related Counselling Activities	10	Related Counselling Activities & Clinical Site Visit to Mount Elizabeth Hospital	24	Related Counselling Activities & Counselling Facilities Experiences	47	81
Personal Journal	30	Personal Journal	26	Personal Journal	50	106
6 months		6 months		12 months		24 Months

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the programme, and satisfy Swinburne University of Technology's awarding policy, will be awarded the **Master of Counselling (Advanced)**.

The Master of Counselling (Advanced) and Graduate Diploma of Counselling, delivered by the Executive Counselling and Training Academy (ECTA), are both accredited by the Australian Counselling Association Inc (ACA).



FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees <u>do not</u> include the cost of recommended textbooks and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of its online library, graduation in Singapore, and general administration.

Payment of Total Course Fees

Course Fees are payable in 4 instalments.

Course Fees	S\$18,260.62	(Inclusive of GST)
Administrative Fees	S\$1,391.00	(Inclusive of GST)
FPS Premium*	S\$117.91	(Inclusive of GST)
Total Course Fees	S\$19,769.53	— (Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

^{*} A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

GRADUATE CERTIFICATE IN CLINICAL SUPERVISION

The **Graduate Certificate in Clinical Supervision** is a part-time, 6-month programme that focuses on the fundamentals of supervision and provides a comprehensive introduction to the theory and practices of clinical supervision. Generic key concepts, skills, and approaches are explored for appropriate application across different types of supervision. It also discusses the definitions, purposes and benefits of supervision. Using existing case studies and field evidence students will begin to identify, develop and hone their skills as supervisors. The **Graduate Certificate in Clinical Supervision** provides students with the needed competencies to undertake supervisory roles. Graduates may choose to further advance their specialization by continuing with the **Graduate Diploma in Clinical Supervision**.

COURSE OVERVIEW

The **Graduate Certificate in Clinical Supervision** addresses the growing gap between demand for and availability of comprehensive training in the area of clinical supervision. It seeks to provide high quality multidisciplinary training in clinical supervision for professionals working in the field of mental health.

COURSE OBJECTIVES

Students who successfully complete the **Graduate Certificate in Clinical Supervision** will be able to:

- a) apply cognitive skills to review, analyse, consolidate and synthesize knowledge, and identify solutions to problems within a supervisory context;
- b) apply specialised technical and creative skills in the professional practice of supervision;
- c) demonstrate a broad understanding of theoretical concepts in supervision;
- d) demonstrate the application of knowledge and skills to make judgements in varied specialized clinical contexts:
- e) initiate, plan, implement and evaluate supervision practice within specialised technical and/or creative contexts; and
- f) demonstrate responsibility for personal output and in the supervision of supervisees.

ENTRY REQUIREMENTS

Applicants should be at least 28 years old and possess a Master's degree in Counselling/Social Work/Nursing/Health/Services/Human Services, or its equivalent.

Applicants who possess a basic degree in similar or comparable disciplines, and have significant professional experience in a relevant field, may be considered for enrolment via the "Significant and Relevant Work Experience" pathway.

Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduation) and a minimum of 30 hours of individual/group supervision (post-graduation).

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-playing, video viewing, small group discussions and peer clinical supervision.

UNIT CODES

PSC60015: INTRODUCTION TO CLINICAL SUPERVISION (12.5 CREDIT POINTS)

PSC60016: ETHICAL AND LEGAL ISSUES IN SUPERVISION (12.5 CREDIT POINTS)

PSC60017: CBT MODELS IN SUPERVISION (12.5 CREDIT POINTS)

PSC60018: PEER AND GROUP PRACTICAL SUPERVISION AND ASSESSMENT

(12.5 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

Graduate Certificate in Clinical Supervision (50 Credit Points)

Classroom Training Hours: 144

Assessment Hours: 21

Practical / Practicum Training Hours: 5

Total Training Duration Hours: 170

6 months

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be awarded the **Graduate Certificate in Clinical Supervision**, and may progress to the **Graduate Diploma in Clinical Supervision**.

FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees <u>do not</u> include the cost of recommended textbooks and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of its online library, graduation in Singapore, and general administration.

Payment of Total Course Fees

Course Fees are payable in 3 instalments.

Total Course Fees	S\$9,795.42	(Inclusive of GST)
FPS Premium*	S\$58.42	(Inclusive of GST)
Administrative Fees	S\$1,391.00	(Inclusive of GST)
Course Fees	S\$8,346.00	(Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

GRADUATE DIPLOMA IN CLINICAL SUPERVISION

The **Graduate Diploma in Clinical Supervision** is a part-time, 12-month programme which includes the 6-month **Graduate Certificate in Clinical Supervision**.

Building on competencies developed in the **Graduate Certificate** course, the **Graduate Diploma** in **Clinical Supervision** further examines the fundamentals and theories of supervision, and explores various practices of clinical supervision applicable to different supervisory contexts and settings.

The **Graduate Diploma in Clinical Supervision** is designed to specifically deepen and sharpen student's supervisory competencies, and expose students to more dynamic and greater complexity of settings and cases to shape their supervisory disposition and aptitude.

COURSE OVERVIEW

The **Graduate Diploma in Clinical Supervision** offers specialised skills in supervision across a range of professional disciplines and is designed to meet the needs of suitably qualified professionals (e.g., qualified counsellors, psychologists, psychiatrists, social workers and other mental health professionals) who are currently serving in a supervisory capacity, or are preparing to assume a greater supervisory role.

COURSE OBJECTIVES

Students who successfully complete the **Graduate Diploma in Clinical Supervision** will be able to:

- a) apply cognitive skills to further review, analyse, consolidate and synthesize knowledge and provide solutions to complex problems within the supervisory context, and to think critically to generate and evaluate complex ideas;
- b) apply specialised and advanced technical and creative skills in the professional practice of supervision;
- c) use communication skills to demonstrate an advanced and broad understanding of theoretical concepts in supervision, to transfer complex knowledge and ideas to a variety of audiences;
- d) demonstrate the application of knowledge and skills to make high level, independent judgements in a range of technical or management functions in varied specialized clinical contexts;
- e) initiate, plan, implement and evaluate supervision practice within varied specialised technical and/or creative contexts;
- f) demonstrate responsibility and accountability for personal output, and quality of leadership in various aspects of supervisory work of supervisees; and
- g) apply a broad range of theoretical models of, and skills in, supervision at an advanced level in a wide range of professional contexts

ENTRY REQUIREMENTS

Applicants should be at least 28 years old and possess a Master's degree in Counselling/Social Work/Nursing/Health/Services/Human Services, or its equivalent.

Applicants who possess a basic degree in similar or comparable disciplines, and have significant professional experience in a relevant field, may be considered for enrolment via the "Significant and Relevant Work Experience" pathway.

Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduation) and a minimum of 30 hours of individual/group supervision (post-graduation).

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-playing, video viewing, small group discussions and peer clinical supervision.

UNIT CODES

PSC60015: INTRODUCTION TO CLINICAL SUPERVISION (12.5 CREDIT POINTS)

PSC60016: ETHICAL AND LEGAL ISSUES IN SUPERVISION (12.5 CREDIT POINTS)

PSC60017: CBT MODELS IN SUPERVISION (12.5 CREDIT POINTS)

PSC60018: PEER AND GROUP PRACTICAL SUPERVISION AND ASSESSMENT

(12.5 CREDIT POINTS)

PSC70019: DEVELOPMENTAL AND PSYCHODYNAMIC MODELS IN SUPERVISION

(12.5 CREDIT POINTS)

PSC70020: INTEGRATIVE AND POSTMODERN MODELS IN SUPERVISION

(12.5 CREDIT POINTS)

PSC70021: SYSTEMIC MODEL IN SUPERVISION AND GROUP BASED INTERVENTIONS

(12.5 CREDIT POINTS)

PSC70022: LIVE SUPERVISION AND PLACEMENT (12.5 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

Graduate Diploma in Clinical Supervision	
100 Credit Points Contact Hours (381)	
Lectures	216
Group Supervision with Different Modalities	24
Informal Peer Live Supervision Practice	13
Supervision with Supervisees	8
Formal Peer Live Supervision	3
Live Practice	8
Live Demo and Feedback	16
Group Supervision Experience	6
Non-Classroom	27
Personal Journal	60
12 months	

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be awarded the **Graduate Diploma in Clinical Supervision**.

The Graduate Diploma in Clinical Supervision, delivered by the Executive Counselling and Training Academy (ECTA) and awarded by the Swinburne University of Technology, meets the standards of eligibility set by the Australian Counselling Association's Professional College of Supervisors.

The **Graduate Diploma in Clinical Supervision** also meets ACA's high standards for entry into the College of Supervisors.



FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees <u>do not</u> include the cost of recommended textbooks and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of its online library, graduation in Singapore, and general administration.

Payment of Total Course Fees

Course Fees are payable in 4 instalments.

Total Course Fees	S\$18,030.04	(Inclusive of GST)
FPS Premium*	S\$107.54	(Inclusive of GST)
Administrative Fees	S\$1,230.50	(Inclusive of GST)
Course Fees	S\$16,692.00	(Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

^{*} A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

GRADUATE CERTIFICATE IN SPECIALIST FORENSIC ASSESSMENT AND RISK MANAGEMENT

The Graduate Certificate in Specialist Forensic Assessment and Risk Management is a full-time, 12-month programme comprising 4 units, totaling 396 Face-to-Face and Online contact hours.

COURSE OVERVIEW

The Graduate Certificate in Specialist Forensic Assessment and Risk Management programme provides students with advanced training on how and under what circumstances to conduct standardised risk assessments on a wide range of violent behaviours (e.g., interpersonal violence, sexual violence, intimate partner violence). The programme also examines how appropriate management plans can be designed, executed and reviewed to reduce identified risks.

Graduates of the **Graduate Certificate in Specialist Forensic Assessment and Risk Management** programme will acquire specialised knowledge of the principles, approaches and methods relevant to various types of risk assessments and management plans.

COURSE OBJECTIVES

Students who successfully complete the **Graduate Certificate in Specialist Forensic Assessment and Risk Management** will be able to:

- a) apply knowledge of theory in specialised areas of violence risk assessment and management;
- b) apply appropriate specialised knowledge of principles, approaches and methods relevant to violence risk assessment and management;
- c) demonstrate capacity to comprehend, synthesise and critically evaluate complex information required to undertake risk assessment and management;

- d) identify and analyse relevant information to undertake a comprehensive violence risk assessment and generate appropriate risk management strategies;
- e) apply communication skills to formulate and transmit outcomes of forensic risk assessment and appropriate management strategies to a diverse audience;
- f) adapt knowledge and skills to a variety of contexts and potential client groups, independently and responsibly;
- g) demonstrate judgement in applying the principles of violence risk assessment and the ability to effectively communicate findings to others; and
- h) demonstrate ability to apply the principles of violence risk assessment and management with integrity, and be informed and guided by relevant ethical considerations.

ENTRY REQUIREMENTS

Applicants with or without a recognised Bachelor's degree are eligible.

Applicants <u>without</u> an academic or professional first degree could be considered under the following **Non-Graduate Special Entry Requirements**:

- a) a minimum 5 years of relevant work experience;
- b) submission of a written statement between 500 and 750 word, demonstrating suitability for the course;
- c) a face-to-face, skype or telephone interview; and
- d) relevant work experience (e.g., in mental health settings, social work, hospitals, prisons and custodial institutions, police force, legal settings).

Students are expected to be computer literate and to have internet access.

TEACHING METHODOLOGY

Students will develop and enhance their competencies through an integrated and blended approach comprising e-Learning, face-to-face lectures, role-playing, video viewing, and small group discussions.

UNIT CODES

FBS80001: CORE SKILLS IN FORENSIC PRACTICE (12.5 CREDIT POINTS) 96 HOURS (ONLINE)

This Unit raises students' awareness of a range of systemic and interpersonal dynamics that can interfere with therapeutic relationships in forensic contexts and increase the likelihood of ethical dilemmas arising. The Unit provides students with opportunities to develop knowledge and skills to appreciate the motivation driving their clients' actions, and be more acutely conscious of their roles, responsibility and authority as practitioners in a forensic setting.

FBS80003: PRINCIPLES OF VIOLENCE RISK ASSESSMENT & MANAGEMENT (12.5 CREDIT POINTS)

108 HOURS (ONLINE)

This Unit provide students with background knowledge to better understand and communicate risks of violence and different forms of offending. The Unit will enable students to interpret violence risk assessments, develop risk management plans, and be aware of the different kinds of individual and environmental factors that are associated with increased risks of offending.

FBS80004: ADVANCED VIOLENCE RISK ASSESSMENT (12.5 CREDIT POINTS) 96 HOURS (ONLINE)

This Unit introduces students to the range of specific risk assessment tools that are available for different types of risk assessment (e.g., sexual offending, violent offending, and other offending). The Unit will enable students to critically appraise the strengths and weaknesses of risk assessment tools, generate violence risk formulations, and to effectively communicate the results of risk assessments. Students will be provided access to training on the HCR-20 V3 violence risk assessment tool.

FBS80005: MENTAL DISORDER AND OFFENDING (12.5 CREDIT POINTS)

96 HOURS (INCLUSIVE OF 36 HOURS FACE-TO-FACE LECTURES)

This Unit provides students with an understanding of the complex relationship

between different types of mental disorder and offending behaviour. The learning

gleaned from this Unit will enhance students' decision-making in various aspects of

forensic work, including risk assessment, treatment and management of mentally

disordered offenders. It will also equip students with fundamental knowledge about

legal processes applicable to mental disorders.

CONTACT HOURS

a) Total Online and Face-to-Face: 396 Hours

b) Face-to-Face Lectures: 36 Hours

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of

Technology's awarding policy, will be awarded the Graduate Certificate in Specialist Forensic

Assessment and Risk Management.

FEES

Course Fees

This cover all lectures and other classroom sessions that are part of the curriculum, lecture notes

and handouts, student manuals, assessments, individual and group clinical supervision, clinical

attachments, and transcripts. Course Fees do not include the cost of recommended textbooks

and other reading resources.

Administrative Fees

This cover practicum administration, professional indemnity, Swinburne material fees and use of

its online library, graduation in Singapore, and general administration.

35

Payment of Total Course Fees

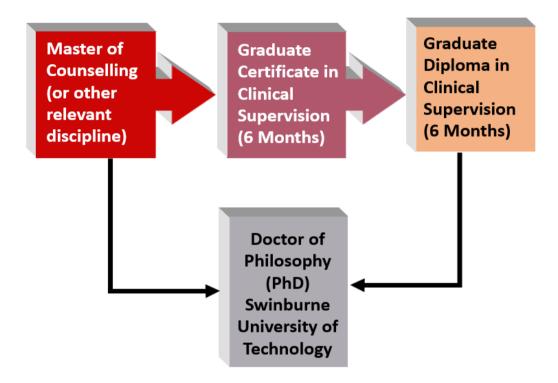
Course Fees are payable in 4 instalments.

Total Course Fees	S\$10,064.53	(Inclusive of GST)
FPS Premium*	S\$60.03	(Inclusive of GST)
Administrative Fees	S\$909.50	(Inclusive of GST)
Course Fees	S\$9,095.00	(Inclusive of GST)

A <u>non-refundable</u> Application Fee of S\$160.50 is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

^{*} A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of S\$25.00) is included in the first instalment. (All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision).

ACADEMIC PATHWAYS



DISCOUNTED RATE ECTA ALUMNI

Alumni of any postgraduate course organised by the Executive Counselling and Training Academy Pte Ltd (ECTA) and accredited and awarded by Swinburne University of Technology, are eligible for a \$500 discount on the course fees, and a waiver of the Application Fee.

SCHOLARSHIP

Swinburne University of Technology offers a variety of PhD and Professional Doctorate scholarships for **ECTA** students with exceptional research potential. The scholarship can be used to cover tuition fees.

For more information, please visit:

http://www.swinburne.edu.au/research/funding-grants/scholarships/

COURSE APPLICATION

Interested in applying for any of ECTA's courses? Then send your online application at www.ecta.edu.sg

ENQUIRIES

Have a question on any of **ECTA's** courses? Send us an at info@ecta.edu.sg or call us at +65 6346 6411 during office hours

GENERAL CONTACT INFORMATION

Executive Counselling and Training Academy

1 Kay Siang Road #08-01/02 Singapore 248922

Tel: +65 6346 6411 | Fax: +65 6334 2911

Website: http://www.ecta.edu.sg

Email: info@ecta.edu.sg

Swinburne University of Technology

Faculty of Health, Arts and Design Corner of Burwood Rd and William St Hawthorn, Victoria, 3122 Australia

Website: http://www.swinburne.edu.au

THE SUNFLOWER



Sunflowers are a symbol of loyalty and constancy. No matter where they are planted, sunflowers will tilt up their faces and follow the sun across the sky. When the sun sets, sunflowers will tilt down only to lift up their faces yet once again towards the sun the next day.

The petals of the sunflower resemble the

rays of the sun, beaming warmth, joy and hope. This bright, nourishing and energetic disposition of the sunflower serves as a metaphor to the purpose and intent of Counsellors – we seek to charge a positive energy that helps, heals, and gives hope.

HOPE, HEAL & HELP

Hope

ECTA aspires to instill hope in our Graduates by providing each of you with an opportunity to fulfil your dreams and passion. Following the training you receive from **ECTA**, you will in turn, inspire hope in your Clients.

Heal

The education offered at **ECTA** takes our Graduates on a journey of healing from within. This personal experience will empower you to explore with your Clients the same healing process during their counselling sessions with you.

Help

ECTA believes that together, we can help restore each individual's physical, spiritual, psychological, and emotional well-being – this is the key to holistic growth.