



# Master of Counselling (Advanced) Graduate Diploma of Counselling Graduate Certificate of Counselling

# **Graduate Diploma in Clinical Supervision** Graduate Certificate in Clinical Supervision

# Graduate Certificate in Specialist Forensic Assessment and Risk Management



# **ACADEMIC PARTNERS**

**Mount Elizabeth Hospital** 

**Parkway College of Nursing and Allied Health** 

# **EXECUTIVE COUNSELLING AND TRAINING ACADEMY**



The **Executive Counselling and Training Academy Pte Ltd** (ECTA) is a Private Education Institution (PEI), founded in October 2002, and registered with the Committee for Private Education (CPE).

(CPE Registration Number: 200209120M; Period: 20 June 2018 to 19 June 2022)

ECTA is committed to fulfilling the learning needs of potential professional counsellors by providing post-graduate courses to individuals interested in counselling as a professional career.

ECTA's degrees are accredited and awarded by Swinburne University of Technology.

The three-stage **Master of Counselling (Advanced)** is recognised by the Singapore Association for Counselling (SAC) and the Australian Counselling Association (ACA) for building counselling professionals. The **Graduate Diploma in Clinical Supervision** meets the standards of eligibility for ACA's Professional College of Supervisors.

#### ECTA'S LOCATION AND CONTACT INFORMATION

Executive Counselling and Training Academy 1 Kay Siang Road #08-01/02 Singapore 248922

Tel: +65 6346 6411 | Fax: +65 6334 2911 Website: http://www.ecta.edu.sg Email: info@ecta.edu.sg

# **EXECUTIVE COUNSELLING AND TRAINING ACADEMY**

#### VISION

To be the leading provider of professional counselling and health-related education in Singapore.

#### MISSION

To integrate technology in providing high-quality professional counselling and health-related courses.

#### CORE VALUES: P.R.I.D.E.

PROFESSIONALISM: We are committed to being consistent and conscientious at all times.
RESILIENCE: We are mentally resilient in challenging situations.
INTEGRITY: We are honest in all interactions.
DEDICATION: We are dedicated to providing excellent service.
ETHICS: We uphold the highest ethical standards in all situations.

#### CULTURE

Professionalism is the defining feature of ECTA's culture. We aspire to deliver our courses with integrity to our learners, and engage our stakeholders and academic partners with professionalism. We engage academic staff who meet the standards of their respective professional bodies and associations. Through rigorous coaching, we ensure that our administrative staff conduct themselves with excellence and demonstrate care and support for our learners.

# SWINBURNE UNIVERSITY OF TECHNOLOGY



SWINBURNE UNIVERSITY OF TECHNOLOGY

#### A FUTURE-FOCUSED UNIVERSITY

Established as a university in 1992, Swinburne is a world-class multidisciplinary institution that leads the way in science, technology, business, design and innovation. The university's strengths build on the

founding principles of equal opportunity, student-focused learning and industry engagement.

Much of Swinburne's research is concentrated in its specialist centres, which are noted for their industry links, community service and multidisciplinary approach. Graduates are widely recognised for their skills in solving important practical problems through applied, interdisciplinary research and are making significant contributions to industry, business and society both in Australia and globally.

Swinburne has established a strong international reputation and built highly successful relationships with universities around the world. International collaboration with and mobility between partner universities provide Swinburne students with a truly international experience.

#### **UNIVERSITY RANKINGS**

Swinburne's standing in prestigious world academic ranking lists reflects Swinburne's commitment to high-quality teaching and research and graduate outcomes.

#### **Times Higher Education World University Rankings**

- In 2018, Swinburne has once again ranked in the Young University Rankings, being placed at number 65 out of 250 institutions. The Young University Rankings recognise the world's top universities under 50 years old.
- In 2016-17, for the fourth consecutive year, Swinburne was ranked among the world's top 400 universities by the Times Higher Education World University Rankings.

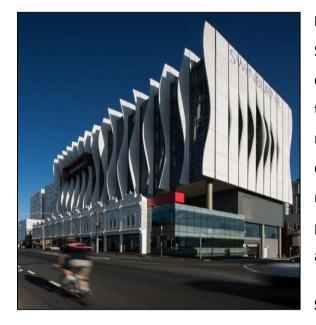
#### **QS University Rankings**

- In 2018, QS World University Rankings ranked Swinburne in the world's top 400 universities, placing us in the top three per cent of universities worldwide.
- Swinburne was recognised for the third time in the QS Top 100 Under 50 in 2017.

Swinburne was recognised as having one of the best design schools in the world by the 2018 QS
 World Rankings of Universities by Subject. The university was listed in the top 40 for the Art and
 Design subject area.

#### Academic Ranking of World Universities

- The Academic Ranking of World Universities (ARWU) ranked Swinburne as one of the world's top 350 universities in 2017.
- Swinburne achieved a top 75 ranking in the ARWU in the field of civil engineering.
- Swinburne ranked in the top 200 institutions in the world in science in 2016.



### **RESEARCH IMPACT**

Swinburne's international recognised focused research creates jobs, improves lives, connects science and technology with business and the community, and elicits real change in the world. Swinburne's research and development activities occur in five key areas: future manufacturing, sustainable futures, digital frontiers, personal and societal wellbeing, and inspirational science and technology.

### SWINBURNE ADVANTAGE

Swinburne courses are designed with student's future in mind. Swinburne offers high-quality teaching, opportunities to engage with industry, state-of-the-art facilities and flexible study options. Swinburne courses are well recognised by professional organisations and have close ties with industry and provide invaluable workplace experience.

### SWINBURNE'S CONTACT INFORMATION

Swinburne University of Technology Faculty of Health, Arts and Design Corner of Burwood Rd and William St Hawthorn, Victoria, 3122 Australia Hawthorn, Victoria, 3122, Australia

Website: http://www.swinburne.edu.au http://www.swinburne.edu.au/health-arts-design

# **MOUNT ELIZABETH HOSPITAL**



Mount Elizabeth Hospital, a 345-bed private tertiary acute care hospital, is one of the largest in the region and has an established reputation in private healthcare in Asia.

Recognised throughout the region for its speciality services and excellent physicians, Mount Elizabeth Hospital offers Cardiology, Neurosciences, and many other tertiary services. It opened the first private cancer centre in the

region and was the first private hospital in Singapore to offer Cardiac Catheterisation, Cardiac and Neurosurgery and other advanced medical procedures.

The hospital provides a wide range of medical and surgical services and is known for its specialists' expertise, quality nursing care and state-of-the-art technology. Mount Elizabeth Hospital performs the largest number of cardiac surgeries and neurosurgeries in the private sector in the region. The hospital is Joint Commission International accredited.

### PARKWAY COLLEGE OF NURSING AND ALLIED HEALTH

Parkway College of Nursing and Allied Health (Parkway College) is a whollyowned subsidiary of Parkway Holdings Pte Ltd.

Parkway College aspires to be the premier global private educational institution in the niche fields of Nursing, Allied Health and Healthcare Management. It provides opportunities for life-long learning, and equips its students with the skills and knowledge to succeed in the workplace.



# COURSE

# **MASTER OF COUNSELLING (ADVANCED)**

The Master of Counselling (Advanced) is a two-year "nested suite" course, comprising the following three stages:

STAGE 1 Graduate Certificate of Counselling		STAGE 2 Graduate Diploma of Counselling		STAGE 3 Master of Counselling (Advance	ced)	TOTAL
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		100 Credit Points Contact Hours (568)		200 C.P 1000 hrs
Lectures	90	Lectures	125	Lectures	277	492
Case Management	28	Case Management	30	Case Management	100	158
Group Supervision	6	Group Supervision	9	Group Dynamics & Interventions	24	39
Individual Supervision	5	Individual Supervision	6	Individual Supervision	10	21
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	60	100
Personal Counselling	3	-	-		-	3
Related Counselling Activities	10	Related Counselling Activities & Clinical Site Visit to Mount Elizabeth Hospital	24	Related Counselling Activities & Counselling Facilities Experiences	47	81
Personal Journal	30	Personal Journal	26	Personal Journal	50	106
6 months		6 months		12 months		24 Months

Students may exit after successfully completing each stage and be awarded the respective degree.

The Master of Counselling (Advanced), as a two-year, 1,000-hour course, is recognised by the Singapore Association for Counselling (SAC), and the Australian Counselling Association (ACA).

# COURSE

## **STAGE 1: GRADUATE CERTIFICATE OF COUNSELLING**

The Graduate Certificate of Counselling is a part-time, 6-month programme consisting of 4 units totaling 182 contact hours. It is the first stage of a 24-month "nested suite" course that also includes Stage 2: Graduate Diploma of Counselling, and Stage 3: Master of Counselling (Advanced).

#### **COURSE OVERVIEW**

The Graduate Certificate of Counselling is designed to provide counselling practice and training for professionals involved in mental health and social services as well as those in fields where counselling skills play a primary occupational role. The course offers a broad approach to counselling with an introduction to practical counselling skills and the processes of counselling. It also provides opportunities for skills acquisition and application. The course is practical in nature and is tailored to help the student develop an awareness of self, and to obtain a well-articulated understanding of the stages of counselling.

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) gain an understanding of the major counselling approaches;
- b) use counselling processes and interventions;
- c) develop generic helping skills to manage counselling cases;
- d) be aware of professional counselling ethics; and
- e) grow with individual and group supervision as well as personal therapy.

#### **ENTRY REQUIREMENTS**

Applicants should possess a recognised basic degree, diploma, or appropriate professional qualifications (in areas such as psychology, social work, medicine, nursing or education), or have completed recognised counselling training at certificate level, or have appropriate in-service training in a related discipline. Applicants should be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) a face-to-face interview; (b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and (c) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

#### **English Language Requirement**

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

#### Significant and Relevant Work Experience

Applications who do not possess a basic degree, but who have substantial professional experience as defined by the Swinburne University of Technology (SUT) Significant and Relevant Work Experience (SRWE) criteria, may be admitted into this Stage (subject to SUT's approval).

#### **TEACHING METHODOLOGY**

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

#### **UNIT CODES**

PSC60013:	THEORIES AND FOUNDATIONS OF COUNSELLING (12.5 Credit Points)
PSC60014:	COUNSELLING PROCESSES AND INTERVENTIONS (12.5 Credit Points)
PSC60012:	SPECIFIC SKILLS IN COUNSELLING (12.5 Credit Points)
PSC60011:	PROFESSIONAL ETHICS AND SUPERVISION (12.5 Credit Points)

#### COMPONENTS AND CONTACT HOURS



#### COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Certificate of Counselling, and may progress to Stage 2: Graduate Diploma of Counselling.

#### FEES

**Course Fees** cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. For the Graduate Certificate of Counselling, personal counselling fees are also included. Course Fees *do not* include the cost of recommended textbooks and other reading material.

**Administrative Fees** cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 3 instalments.

	Inclusive of GST
Course Fees	S\$6,848.00
Administrative Fees	S\$888.10
FPS Premium*	S\$46.42
Total Course Fees	S\$7,782.52

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

# **COURSE**

## **STAGE 2: GRADUATE DIPLOMA OF COUNSELLING**

The Graduate Diploma of Counselling is a part-time 6-month programme consisting of 4 units totaling 250 hours. It is the second stage of a 24-month "nested suite" course that also includes Stage 1: Graduate Certificate of Counselling, and Stage 3: Master of Counselling (Advanced).

#### **COURSE OVERVIEW**

The Graduate Diploma of Counselling is designed to develop counselling competencies and provide training for professionals who seek to incorporate advanced counselling skills in their primary occupational role. The aim is to equip our students with the knowledge, skills and dispositions to establish and maintain an effective alliance with their Clients in order to assist them to work through issues and concerns towards making an effective change. The course will introduce our students to the major theoretical principles and develop in them an understanding on how various interventions can be applied in counselling settings. Students will also learn to competently apply research methodology in a multicultural setting. The course is intended to prepare students for professional practice as a counsellor in a range of human service organisations.

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) gain a deeper understanding of the major theoretical approaches;
- b) examine professional ethics;
- c) undertake research into cross-cultural issues; and
- d) develop the knowledge and competencies to manage counselling issues and interventions.

#### **DIRECT ENTRY REQUIREMENTS**

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) a face-to-face interview; (b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and (c) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

#### **Academic Prerequisite**

Completed Graduate Certificate of Counselling [or equivalent]

#### **English Language Requirement**

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

#### **TEACHING METHODOLOGY**

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

#### **UNIT CODES**

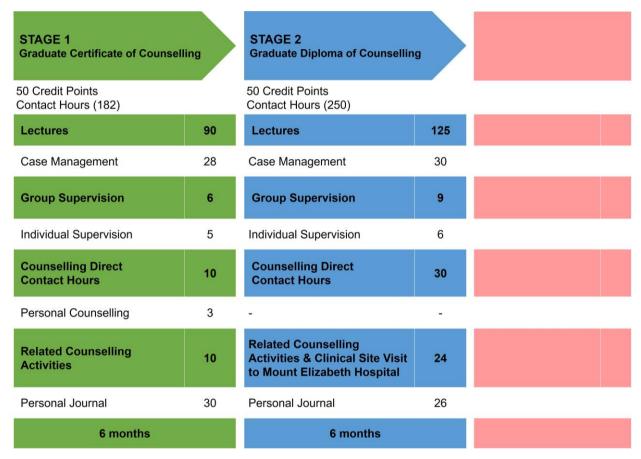
PSC70015:	SPECIFIC APPROACHES TO COUNSELLING (12.5 CREDIT POINTS)
PSC70017:	ADVANCED INTERVENTIONS IN COUNSELLING AND GROUP PROCESSES (12.5 CREDIT

PSC70002: ASSESSMENT AND TREATMENT OF PSYCHOLOGICAL DISORDERS (12.5 CREDIT POINTS)

PSC70009: COUNSELLING RESEARCH PROCESSES (12.5 CREDIT POINTS)

#### **COMPONENTS AND CONTACT HOURS**

POINTS)



#### **COMPLETION AND CERTIFICATE AWARDED**

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Diploma of Counselling, and may progress to Stage 3: Master of Counselling (Advanced).

#### FEES

**Course Fees** cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 3 instalments.

	Inclusive of GST
Course Fees	S\$8,774.00
Administrative Fees	S\$1,391.00
FPS Premium*	S\$60.99
Total Course Fees	S\$10,225.99

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

# **COURSE**

# **STAGE 3: MASTER OF COUNSELLING (ADVANCED)**

The Master of Counselling (Advanced) is a part-time 12-month programme consisting of 4 units totaling 568 hours. It is the third and final stage of a 24-month "nested suite" course that also includes Stage 1: Graduate Certificate of Counselling, and Stage 2: Graduate Diploma of Counselling.

#### **COURSE OVERVIEW**

The Master of Counselling (Advanced) is specifically designed to deepen counselling knowledge mastery and heighten skills-performance. Apart from keeping abreast of new and emerging counselling theories, our interns will have ample opportunities to explore and analyse advanced intervention models and approaches and apply them in various authentic counselling settings.

The Master of Counselling (Advanced) programme is taught and facilitated by academics with extensive clinical and field experience, and is awarded by the Swinburne University. The programme which can be completed in 24 months provides a professional qualification and is suitable for professionals involved in human resources, health, social services, and education. Professionals who are keen to enhance their communication and listening skills as well as hone further their skills in helping others to grow, will learn to transform their natural talents, abilities and inclinations towards a rewarding professional career.

An integral component of the three-stage programme is its 1,000 contact hours, which include 492 lecture contact hours; 21 hours of individual supervision; 39 hours of group supervision; and 100 hours of client counselling during Practicum placements.

Other features of the course outside of these contact hours include counselling-related learning, such as clinical experiences at Mount Elizabeth Hospital, observations and activities at Child Guidance Clinic, Institute of Mental Health, Family Service Centres, case note documentation, attendance at conferences and meetings as well as participation in discussions on case management with families, educators, social workers, doctors, psychiatrists and other professionals involved in mental health.

The main objectives of the programme are to ensure the acquisition of an advanced level of knowledge of key counselling approaches; and the development of critical competencies for immediate application in counselling practice. The Master of Counselling (Advanced) is recognised by the Singapore Association for Counselling (SAC) and Australian Counselling Association (ACA).

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) apply counselling, psychotherapeutic and psychological theories at an advanced level;
- b) implement various counselling approaches especially in Cognitive Behavioural Therapy or Family Therapy;
- c) act as a professional counsellor in accordance with ethical guidelines and professional boundaries;
- d) apply process of self-monitoring, self-examination and self-awareness in on-going personal and professional development; and
- e) utilise a set of advanced interpersonal skills which emphasises processes of facilitation.

#### DIRECT ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) evidence of a high standard of performance at the Graduate Diploma (or equivalent) level (b) a faceto-face interview; (c) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; (d) evidence of appropriate supervised counselling experience; and (e) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme

#### Academic Prerequisites

Completed Graduate Certificate of Counselling [or equivalent], and Completed Graduate Diploma of Counselling [or equivalent]

#### English Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

#### **TEACHING METHODOLOGY**

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

#### **UNIT CODES**

PSC80010:	ADVANCED COUNSELLING THEORIES (25.0 CREDIT POINTS)
PSC80011:	PROFESSIONAL PRACTICE AND COUNSELLING SETTINGS (25.0 CREDIT POINTS)
PSC80004:	ADVANCED COUNSELLING PLACEMENT (25.0 CREDIT POINTS)
PSC80012:	ADVANCED TRAINING IN COGNITIVE BEHAVIOURAL INTERVENTIONS [ELECTIVE] (25.0 CREDIT POINTS); OR
PSC80005:	ADVANCED TRAINING IN FAMILY THERAPY INTERVENTIONS [ELECTIVE] (25.0 CREDIT POINTS)

#### COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Counse	lling	STAGE 2 Graduate Diploma of Counselling	,	STAGE 3 Master of Counselling (Advan	ced)	TOTAL
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		100 Credit Points Contact Hours (568)		200 C.P 1000 hrs
Lectures	90	Lectures	125	Lectures	277	492
Case Management	28	Case Management	30	Case Management	100	158
Group Supervision	6	Group Supervision	9	Group Dynamics & Interventions	24	39
Individual Supervision	5	Individual Supervision	6	Individual Supervision	10	21
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	60	100
Personal Counselling	3	-	-	±	•	3
Related Counselling Activities	10	Related Counselling Activities & Clinical Site Visit to Mount Elizabeth Hospital	24	Related Counselling Activities & Counselling Facilities Experiences	47	81
Personal Journal	30	Personal Journal	26	Personal Journal	50	106
6 months		6 months		12 months		24 Months

#### **COMPLETION AND CERTIFICATE AWARDED**

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Master of Counselling (Advanced).



The Master of Counselling (Advanced) and Graduate Diploma of Counselling, delivered by the Executive Counselling and Training Academy, are both accredited by the Australian Counselling Association Inc (ACA).

#### FEES

**Course Fees** cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 4 instalments.

	Inclusive of GST
Course Fees	S\$17,227.00
Administrative Fees	S\$1,391.00
FPS Premium*	S\$111.71
Total Course Fees	S\$18,729.71
TULAI CUUISE FEES	3310,723.71

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

## COURSE

### **GRADUATE CERTIFICATE IN CLINICAL SUPERVISION**

The Graduate Certificate in Clinical Supervision is a part-time, 6-month programme that focuses on the fundamentals of supervision and provides a comprehensive introduction to the theory and practices of clinical supervision. Generic key concepts, skills, and approaches are explored for the application across different types of supervision required. It discusses the definitions, purposes and benefits of supervision. Using existing evidence to assist individuals in their role as supervisors, this course aims to provide students with the aptitude to supervise.

#### **COURSE OVERVIEW**

The aim of the course is to provide high quality multidisciplinary training in clinical supervision for professionals working in the mental health area. This course will address the growing gap between demand and availability of comprehensive training in the area of clinical supervision.

The course is intended to provide specialised skills in supervision across a range of professional disciplines and is designed to meet the needs of suitably qualified professionals (e.g., qualified counsellors, psychologists, psychiatrists, social workers and other mental health professionals) who are currently in supervisory capacity or intend to become supervisors.

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) apply cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems within the supervisory context, and to think critically to generate and evaluate complex ideas
- b) apply specialised and advanced technical and creative skills in the professional practice of supervision
- c) use communication skills to demonstrate an advanced and broad understanding of theoretical concepts in supervision, to transfer complex knowledge and ideas to a variety of audiences
- d) demonstrate the application of knowledge and skills to make high level, independent judgements in a range of technical or management functions in varied specialized clinical contexts

- e) initiate, plan, implement and evaluate supervision practice within varied specialised technical and/or creative contexts
- f) demonstrate responsibility and accountability for personal outputs and all aspects of the supervisory work or function of others (e.g., supervisees)

#### ENTRY REQUIREMENTS

Applicants should be at least 28 years old and possess a Master's degree in Counselling/Social Work/Nursing/Health/Services/Human Services or its equivalent. Applicants who possess a basic degree in similar disciplines, and have significant professional experience in a relevant field, may be considered for enrolment via the "Significant and Relevant Work Experience" pathway. Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduation) and a minimum of 30 hours of individual/group supervision (post-graduation).

#### TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and peer clinical supervision.

#### UNIT CODES

PSC60015: INTRODUCTION TO CLINICAL SUPERVISION (12.5 CREDIT POINTS)
PSC60017: CBT MODELS IN SUPERVISION (12.5 CREDIT POINTS)
PSC60016: ETHICAL AND LEGAL ISSUES IN SUPERVISION (12.5 CREDIT POINTS)
PSC60018: PEER AND GROUP PRACTICAL SUPERVISION AND ASSESSMENT (12.5 CREDIT POINTS)

#### COMPONENTS AND CONTACT HOURS

Graduate Certificate in Clinical Supervision		
50 Credit Points Contact Hours (194)		
Lectures	108	
Group Supervision with Different Modalities	26	
Informal Peer Live Supervision Practice	8	
Supervision with Supervisees	5	
Formal Peer Live Supervision	3	
Non-Classroom	14	
Personal Journal	30	
6 months		

#### COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Certificate in Clinical Supervision, and may progress to Graduate Diploma in Clinical Supervision.

#### FEES

**Course Fees** cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 3 instalments.

	Inclusive of GST
Course Fees	S\$8,346.00
Administrative Fees	S\$1,391.00
FPS Premium*	S\$58.42
Total Course Fees	S\$9,795.42

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

# COURSE

# **GRADUATE DIPLOMA IN CLINICAL SUPERVISION**

The Graduate Diploma in Clinical Supervision is a part-time, 12-month programme that focuses on the fundamentals of supervision and provides a comprehensive introduction to the theory and practices of clinical supervision. Generic key concepts, skills, and approaches are explored for the application across different types of supervision required. It discusses the definitions, purposes and benefits of supervision. Using existing evidence to assist individuals in their role as supervisors, this course aims to provide students with the aptitude to supervise.

#### **COURSE OVERVIEW**

The aim of the course is to provide high quality multidisciplinary training in clinical supervision for professionals working in the mental health area. This course will address the growing gap between demand and availability of comprehensive training in the area of clinical supervision.

The course is intended to provide specialised skills in supervision across a range of professional disciplines and is designed to meet the needs of suitably qualified professionals (e.g., qualified counsellors, psychologists, psychiatrists, social workers and other mental health professionals) who are currently in supervisory capacity or intend to become supervisors.

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) apply cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems within the supervisory context, and to think critically to generate and evaluate complex ideas
- b) apply specialised and advanced technical and creative skills in the professional practice of supervision
- c) use communication skills to demonstrate an advanced and broad understanding of theoretical concepts in supervision, to transfer complex knowledge and ideas to a variety of audiences
- d) demonstrate the application of knowledge and skills to make high level, independent judgements in a range of technical or management functions in varied specialized clinical contexts
- e) initiate, plan, implement and evaluate supervision practice within varied specialised technical and/or creative contexts
- f) demonstrate responsibility and accountability for personal outputs and all aspects of the supervisory work or function of others (e.g., supervisees)
- g) apply a broad range of theoretical models of, and skills in, supervision at an advanced level in a range of professional contexts

#### **ENTRY REQUIREMENTS**

Applicants should be at least 28 years old and possess a Master's degree in Counselling/Social Work/Nursing/Health/Services/Human Services or its equivalent. Applicants who possess a basic degree in similar disciplines, and have significant professional experience in a relevant field, may be considered for enrolment via the "Significant and Relevant Work Experience" pathway. Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduation) and a minimum of 30 hours of individual/group supervision (post-graduation).

#### **TEACHING METHODOLOGY**

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and peer clinical supervision.

#### **UNIT CODES**

PSC60015:	INTRODUCTION TO CLINICAL SUPERVISION (12.5 CREDIT POINTS)
PSC60017:	CBT MODELS IN SUPERVISION (12.5 CREDIT POINTS)
PSC60016:	ETHICAL AND LEGAL ISSUES IN SUPERVISION (12.5 CREDIT POINTS)
PSC60018:	PEER AND GROUP PRACTICAL SUPERVISION AND ASSESSMENT
	(12.5 CREDIT POINTS)
PSC70020:	INTEGRATIVE AND POSTMODERN MODELS IN SUPERVISION (12.5 CREDIT POINTS)
PSC70019:	DEVELOPMENTAL AND PSYCHODYNAMIC MODELS IN SUPERVISION
	(12.5 CREDIT POINTS)
PSC70021:	SYSTEMIC MODEL IN SUPERVISION AND GROUP BASED INTERVENTIONS
	(12.5 CREDIT POINTS)

Supervision.

PSC70022: LIVE SUPERVISION AND PLACEMENT (12.5 CREDIT POINTS)

#### COMPONENTS AND CONTACT HOURS

#### Graduate Diploma in Clinical Supervision

100 Credit Points Contact Hours (381)	
Lectures	216
Group Supervision with Different Modalities	26
Informal Peer Live Supervision Practice	13
Supervision with Supervisees	8
Formal Peer Live Supervision	3
Live Practice	8
Live Demo and Feedback	16
Group Supervision Experience	6
Non-Classroom	25
Personal Journal	60
12 months	

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Diploma in Clinical

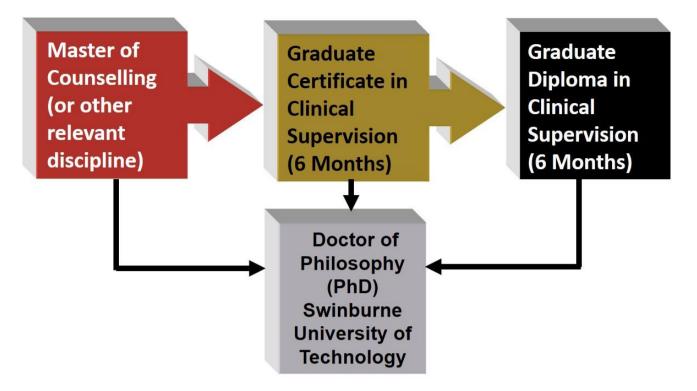
COMPLETION AND CERTIFICATE AWARDED



The Graduate Diploma in Clinical Supervision, delivered by the Executive Counselling and Training Academy and awarded by the Swinburne University of Technology, meets the standards of eligibility for Australian Counselling Association's Professional College of Supervisors.

The Graduate Diploma in Clinical Supervision meets ACA's high standards for entry into the College of Supervisors.

#### ACADEMIC PATHWAYS



#### SCHOLARSHIP AVAILABLE

Range of Scholarships for PhD or professional doctorate students. Swinburne University of Technology offers a variety of scholarships for students of exceptional research potential that can cover tuition fees.

URL - http://www.swinburne.edu.au/research/funding-grants/scholarships/

#### FEES

**Course Fees** cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 4 instalments.

Total Course Fees	S\$18,030.04
FPS Premium*	S\$107.54
Administrative Fees	S\$1,230.50
Course Fees	S\$16,692.00
	Inclusive of GST

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

# COURSE

# GRADUATE CERTIFICATE IN SPECIALIST FORENSIC ASSESSMENT AND RISK MANAGEMENT

The Graduate Certificate in Specialist Forensic Assessment and Risk Management is a full-time, 12-month programme consisting of 4 units totaling 396 contact hours (Face-to-Face and Online).

#### **COURSE OVERVIEW**

The Graduate Certificate in Specialist Forensic Assessment and Risk Management provides advanced training in how and under what circumstances to conduct standardised risk assessments on a range of violent behaviours (e.g. interpersonal violence, sexual violence, intimate partner violence) and how to devise appropriate management plans to reduce any identified risks. Graduates will attain specialised knowledge of the principles, approaches and methods relevant to these types of risk assessment and management plans.

#### **COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

- a) apply knowledge of theory in the specialised area of violence risk assessment and management
- b) apply specialised knowledge of the principles, approaches and methods relevant to violence risk assessment and management
- c) demonstrate the capacity to comprehend, synthesise and critically evaluate complex information required to undertake risk assessment and management
- d) identify and analyse relevant information to undertake a comprehensive violence risk assessment and generate appropriate risk management strategies
- e) apply communication skills to formulate and transmit the outcomes of forensic risk assessment and appropriate management strategies to a diverse audience
- f) adapt knowledge and skills to a variety of contexts and potential client groups, independently and responsibly
- g) demonstrate judgement in applying the principles of violence risk assessment and the ability to effectively communicate findings to others
- h) demonstrate ability to apply the principles of violence risk assessment and management with integrity and informed by relevant ethical considerations.

#### **ENTRY REQUIREMENTS**

#### **Standard Entry Requirements**

A recognised Bachelor's degree.

#### **Non-Graduate Special Entry Requirements**

- 1. Minimum 5 years of relevant work experience
- 2. Submission of a 500- to 750-word statement demonstrating suitability for the course
- 3. Face-to-face interview or via telephone

Applicants who do not have a Bachelor's degree but have relevant work experience (e.g. in mental health settings, social work, hospitals, prisons and custodial institutions, police force, legal settings) may be granted entry on the basis of the applicant's suitability for the program.

Students are expected to be computer literate and to have internet access.

#### **TEACHING METHODOLOGY**

Students will develop and enhance their competencies through an integrated approach based on E-Learning, Face-to-Face lectures, role-plays, video viewing, and small group discussions.

#### **UNIT CODES**

#### FBS80001: CORE SKILLS IN FORENSIC PRACTICE (12.5 CREDIT POINTS)

#### 96 HOURS (ONLINE)

This unit aims to raise students' awareness of a range of systemic and interpersonal dynamics that can interfere with therapeutic relationships in forensic contexts and increase the likelihood of ethical dilemmas arising. The unit will allow students to develop knowledge and skills to both understand their clients' actions more effectively, and be conscious of their own roles and power as practitioners in a forensic setting.

#### FBS80003: PRINCIPLES OF VIOLENCE RISK ASSESSMENT & MANAGEMENT (12.5 CREDIT POINTS)

#### 108 HOURS (ONLINE)

This unit aims to provide students with the background knowledge necessary to understand and communicate about risks of violence and other forms of offending. The unit will enable students to interpret violence risk assessments, help to develop risk management plans, and to understand the kinds of individual and environmental factors that are associated with increased risk of offending.

#### FBS80004: ADVANCED VIOLENCE RISK ASSESSMENT (12.5 CREDIT POINTS)

#### 96 HOURS (ONLINE)

This unit introduces students to the range of specific risk assessment tools that are available for different types of risk assessment (e.g., sexual offending, violent offending, and other offending). The unit will enable students to critically appraise the strengths and weaknesses of risk assessment tools, to generate violence risk formulations and to effectively communicate the results of risk assessments. It will also provide students with access to training on the HCR-20 V3 violence risk assessment tool.

#### FBS80005: MENTAL DISORDER AND OFFENDING (12.5 CREDIT POINTS)

#### 96 HOURS (INCLUSIVE OF 36 HOURS FACE-TO-FACE LECTURES)

This unit will provide students with an understanding of the complex relationship between different types of mental disorder and offending behaviour. The unit will enhance students' decision-making about many aspects of forensic work, including risk assessment, treatment and management of mentally disordered offenders. It will also equip students with fundamental knowledge about legal processes applied to mental disorders.

#### **CONTACT HOURS**

Total Online and Face-to-Face: 396 Hours Inclusive of 36 Hours of Face-to-Face Lectures

#### **COMPLETION AND CERTIFICATE AWARDED**

Students who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Certificate in Specialist Forensic Assessment and Risk Management.

#### **COURSE FEES**

**Course Fees** cover all lectures that are part of the curriculum, lecture notes and handouts, student manuals, assessments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Total Course Fees are payable in 4 instalments.

Total Course Fees	S\$10,064.53
FPS Premium*	S\$60.03
Administrative Fees	S\$909.50
Course Fees	S\$9,095.00
	Inclusive of GST

A non-refundable Application Fee of S\$160.50 is payable upon submission of "Application Form for Admission" to Swinburne University of Technology. For re-enrolment of course, the prevailing Application Fee applies.

\* A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to a minimum premium of \$\$25.00) is included in the first instalment.

(All fees and FPS premium rate stated above are inclusive of GST, and are subject to revision)

#### **DISCOUNT FOR ECTA ALUMNI**

Alumni of any postgraduate course organised by ECTA and accredited and awarded by Swinburne University of Technology, are eligible for a \$500 discount off the course fees, and a waiver of the Application Fee.

# THE SUNFLOWER



Sunflowers are a symbol of loyalty and constancy. No matter where they are planted, sunflowers will tilt up their faces and follow the sun across the sky. When the sun sets, sunflowers will tilt down only to lift up their faces yet once again towards the sun the next day. The petals of the sunflower resemble the rays of the sun, beaming warmth, joy and hope. This bright, nourishing and energetic disposition of the sunflower

serves as a metaphor to the purpose and intent of Counsellors – we seek to charge a positive energy that helps, heals, and gives hope.

## HOPE, HEAL & HELP

#### Hope

ECTA aspires to instill hope in our Graduates by providing them with an opportunity to fulfil their dreams and passion. Following the training offered, our Graduates will in turn inspire hope in their Clients.

#### Heal

The education offered at ECTA takes our Graduates on a journey of healing from within, and this personal experience will enable our Graduates to explore with their Clients this same healing process during their counselling sessions.

#### Help

ECTA believes that we can help to restore one's physical, spiritual, psychological, and emotional well-being, which is the key to holistic growth.



### **TO APPLY FOR ANY OF THE COURSES**

please submit an online application at www.ecta.edu.sg

### **FOR ENQUIRIES**

please email us at info@ecta.edu.sg or call +65 6346 6411 during office hours

# **GENERAL CONTACT INFORMATION**

#### **Executive Counselling and Training Academy**

1 Kay Siang Road #08-01/02 Singapore 248922

Tel: +65 6346 6411 | Fax: +65 6334 2911 Website: http://www.ecta.edu.sg Email: info@ecta.edu.sg

# Swinburne University of Technology

Faculty of Health, Arts and Design Corner of Burwood Rd and William St Hawthorn, Victoria, 3122 Australia

Website: http://www.swinburne.edu.au