



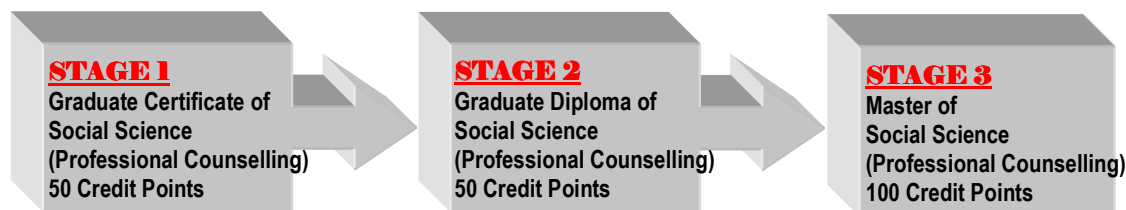
## **MASTER OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)**

Incorporating the Graduate Certificate and Graduate Diploma of Social Science (Professional Counselling)

- ✓ *Accredited and awarded by Swinburne University of Technology*
- ✓ *Organised by the Executive Counselling & Training Academy in partnership with Mount Elizabeth Hospital and Parkway College (Singapore)*
- ✓ *Recognised by the Singapore Association for Counselling (SAC)*

## **COUNSELLING TRACK**

The Master of Social Science (Professional Counselling) is a 1000-hour / 24-month programme that spans **3 stages**:



### **TOTAL**

50 CREDIT POINTS		50 CREDIT POINTS		100 CREDIT POINTS		<b>200 C.P.</b>	
CONTACT HOURS (180)		CONTACT HOURS (250)		CONTACT HOURS (570)			
Lectures	87	Lectures	125	Lectures	277		<b>489 hrs</b>
Case Management	26	Case Management	30	Case Management	100		<b>156 hrs</b>
Group Supervision	9	Group Supervision	9	Group Supervision	24		<b>42 hrs</b>
Individual Supervision	5	Individual Supervision	6	Individual Supervision	12		<b>23 hrs</b>
Counselling Direct Contact Hours	8	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	62		<b>100 hrs</b>
Personal Counselling	3	-	-	-	-		<b>3 hrs</b>
Related Counselling Activities	10	Related Counselling Activities	20	Related Counselling Activities	40		<b>70 hrs</b>
Personal Journal	26	Personal Journal	24	Personal Journal	48		<b>98 hrs</b>
Attachment to Clinical Facilities	6	Attachment to Clinical Facilities	6	Attachment to Clinical Facilities	7		<b>19 hrs</b>
<b>6 months</b>		<b>6 months</b>		<b>12 months</b>		<b>24 months</b>	



## **STAGE 1:**

### **GRADUATE CERTIFICATE OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)**

A 6-month programme, consisting of 4 subjects and totalling “180” contact hours

Total Credit Points: 50.0

#### **COURSE STRUCTURE**

#### ***Credit Points (CP)***

Subject Code. HAYS410:	Theories and Foundations of Counselling	12.5
Subject Code. HAYS411:	Counselling Processes and Interventions	12.5
Subject Code. HAYS412:	Specific Skills in Counselling	12.5
Subject Code. HAYS413:	Professional Ethics and Supervision	12.5

➔ ***Awarded with a Graduate Certificate of Social Science ( Professional Counselling) CP: 50.0***  
*Duration: 6 months*

#### **CONTACT HOURS (180 Hours)**

Lectures	87
Case Management	26
Group Supervision	9
Individual Supervision	5
Counselling Direct Contact Hours	8
Personal Therapy	3
Related Counselling Activities	10
Personal Journal	26
Attachment to Clinical Facilities	6

#### **ENTRY REQUIREMENTS**

Applicants should possess a recognised degree, diploma or appropriate professional qualification (such as psychology, social work, medicine, nursing or education), or have completed a recognised counselling training at certificate level, or appropriate in-service training in a related discipline. All applicants should demonstrate appropriate motivation and commitment for participation in the course and supply evidence of appropriate opportunities for counselling practice and supervision.

All applicants will be assessed for suitability through an interview, submission of an essay of 200 words on why they are choosing to develop their counselling theories and skills, and submission of one character reference (the referee should have good knowledge of the applicant's work).

*Exemptions* will be granted where an equivalent postgraduate level subject has been successfully completed at a recognized tertiary institution during the last five years. Recognition of prior learning will be granted where a student provides supported documentary evidence of relevant work experience during the last five years.

#### **COURSE FEES (6-Month programme)**

S\$6,099.00 inclusive of Singapore 7% GST, Swinburne University registration and online journal, tuition fees, study materials, individual and group supervisions, personal therapy, professional indemnity and graduation (in Singapore). The fees do not include Counselling Related Activities.

Course fees are payable either in full or in 2 instalments.

A registration and administrative fee is payable when you submit your application for the Graduate Certificate of Social Science (Professional Counselling).

Applicants who possess a degree or post-graduate degree will be enrolled into the Master of Social Science (Professional Counselling).



**STAGE 2:**

**GRADUATE DIPLOMA OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)**

A 6-month programme, consisting of 4 subjects and totalling “250” contact hours

Total Credit Points: 50.0

**COURSE PROGRESSION**

*Credit Points (CP)*

**Completed Graduate Certificate of Social Science (Professional Counselling)** → **50.0**  
*Duration: 6 months*

Subject Code. HAYS420:	Specific Approaches to Counselling	12.5
Subject Code. HAYS421:	Advanced Interventions in Counselling and Group Processes	12.5
Subject Code. HAYS422:	Assessment and Treatment of Psychological Disorders	12.5
Subject Code. HAYS423:	Counselling Research Processes	12.5

→ **Awarded with a Graduate Diploma of Social Science (Professional Counselling) CP: 100.0**  
*Duration: 6 months*

**CONTACT HOURS (250 Hours) FOR STAGE 2 OF THE COUNSELLING TRACK**

Lectures	125
Case Management	30
Group Supervision	9
Individual Supervision	6
Counselling Direct Contact Hours	30
Related Counselling Activities	20
Personal Journal	24
Attachment to Clinical Facilities	6

**ENTRY REQUIREMENTS**

Applicants should possess a recognised degree, diploma or appropriate professional qualification (such as psychology, social work, medicine, nursing or education), or have completed a recognised counselling training at certificate level, or appropriate in-service training in a related discipline. All applicants should demonstrate appropriate motivation and commitment for participation in the course and supply evidence of appropriate opportunities for counselling practice and supervision.

All applicants will be assessed for suitability through an interview, submission of an essay of 200 words on why they are choosing to develop their counselling theories and skills. Applicants should submit one character reference (the referee should have good knowledge of the applicant’s work).

*Exemptions* will be granted where an equivalent postgraduate level subject has been successfully completed at a recognized tertiary institution during the last five years. Recognition of prior learning will be granted where a student provides supported documentary evidence of relevant work experience during the last five years.

**COURSE FEES (6-Month programme)**

S\$6,955.00 inclusive of Singapore 7% GST, Swinburne University registration and online journal, tuition fees, study materials, examination fees, individual and group supervisions, professional indemnity and graduation (in Singapore). The fees do not include Counselling Related Activities.

Course fees are payable either in full or in 2 instalments.

A registration and administrative fee is payable when you submit your application for the Graduate Diploma of Social Science (Professional Counselling).

Applicants who possess a degree or post-graduate degree will be enrolled into the Master of Social Science (Professional Counselling).



**STAGE 3:**

**MASTER OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)**  
A 12-month programme, consisting of 4 subjects and totalling “570” contact hours  
Total Credit Points: 100.0

**COURSE PROGRESSION**

**Credit Points (CP)**

<b>Completed Graduate Certificate of Social Science (Professional Counselling)</b>	➔	<b>50.0</b>
<i>Duration: 6 months</i>		
<b>Completed Graduate Diploma of Social Science (Professional Counselling)</b>	➔	<b>50.0</b>
<i>Duration: 6 months</i>		
Subject Code. HAYS510: Advanced Counselling Theories		25.0
Subject Code. HAYS511: Professional Practice & Counselling Settings		25.0
Subject Code. HAYS512: Advanced Counselling Placement		25.0
<i>Electives</i>		
Subject Code. HAYS513: Advanced Training in Cognitive Behavioural Interventions		25.0
Subject Code. HAYS514: Advanced Training in Family Therapy Interventions		25.0
➔ <b>Awarded with a Master of Social Science (Professional Counselling) CP: 100.0</b>		
<i>Duration: 12 months</i>		

**CONTACT HOURS (570 Hours) FOR STAGE 3 OF THE COUNSELLING TRACK**

Lectures	277
Case Management	100
Group Supervision	24
Individual Supervision	12
Counselling Direct Contact Hours	62
Related Counselling Activities	40
Personal Journal	48
Attachment to Clinical Facilities	7

**ENTRY REQUIREMENTS**

This programme is an extension of the existing **Graduate Certificate of Social Science (Professional Counselling)** and the **Graduate Diploma of Social Science (Professional Counselling)** that are accredited and awarded by Swinburne University of Technology.

Applicants can be accepted directly into the Masters course in recognition of prior learning if they have completed a Postgraduate Diploma in Counselling from Swinburne University of Technology; or another recognised university or equivalent institution. Exemptions can be granted to a maximum of 50% of the nested suite of courses.

The above criteria will be assessed on a case-to-case basis and will be subject to the Executive Counselling and Training Academy’s Board decision and approved by the Academic Leader of the Psychology Discipline within the Faculty of Life and Social Sciences.

Selection is based on an interview and the applicant’s suitability for the course as determined by personal suitability as well as academic and work experience. Each applicant will be expected to provide: evidence of a high standard of performance at Graduate Diploma level, one referee report, evidence of appropriate supervised counselling experience and a written statement of their reasons for wishing to undertake the programme

**COURSE FEES (12-Month programme)**

S\$14,766.00 inclusive of Singapore 7% GST, Swinburne University registration and online journal, tuition fees, study materials, individual and group supervisions, professional indemnity and graduation (in Singapore). The fees do not include Counselling Related Activities.

Course fees are payable either in full or in 2 instalments.

A registration and administrative fee is payable when you submit your application for the Master of Social Science (Professional Counselling).

## SAMPLE LESSON SCHEDULE

Stage 1	HAYS410 HAYS411 HAYS412 HAYS413	Lessons are conducted at least once weekly during weekdays (19:15-22:15) or occasional Saturdays.
Stage 2	HAYS420 HAYS421 HAYS422 HAYS423	Lessons are conducted at least once weekly during weekdays (19:15-22:15) or occasional Saturdays.
Stage 3	HAYS510 HAYS511 HAYS512	Lessons are conducted every fortnight on Thursday (19:15-22:15) and Saturday (09:00-17:00) for the <u>first 8 months</u> .
	<i>Electives</i> HAYS513 HAYS514	Lessons are conducted every 5 weeks on Friday (15:00-21:00), Saturday (09:00-18:00) and Sunday (09:00-18:00) for the <u>last 4 months</u> . Swinburne Academic Staff will be flown in on 3 occasions.

*The timing of the lessons may vary depending on the nature of the course.*

## GRADUATION

Students who successfully complete the programme will be awarded the prestigious Master of Social Science (Professional Counselling) degree from Swinburne University of Technology, which is the same as that awarded to on-campus students of the University.

Graduation ceremonies are held yearly in Singapore or Melbourne. Graduates who wish to graduate in Australia will have to bear the costs of travel and accommodation.



MASTER OF SOCIAL SCIENCE IN PROFESSIONAL COUNSELLING (2<sup>nd</sup> & 3<sup>rd</sup> INTAKES)

Honouring The Graduating Class of 2008

29<sup>th</sup> March 2008

## **SWINBURNE UNIVERSITY OF TECHNOLOGY**

Swinburne has a strong reputation in Australia and overseas as a provider of career orientated education and as a university with a commitment to research. The University maintains a strong technology base and important links with industry, complemented by a number of innovative specialist research centres which attract a great deal of international interest.

Swinburne is now one of a few Australian universities whose responsibilities span the range of programmes from apprenticeships to PhDs. In keeping with this breadth of involvement, the University continues to play a leading role in creating new approaches to integration between sectors.

Teaching and learning enhancement is a strategic priority for the University, and Swinburne is committed to the transfer of lifelong learning skills.

Swinburne was founded to provide expanded and more accessible educational opportunities to the residents in the 'outer east' of Melbourne. Its operations are now conducted at six campuses: Croydon, Hawthorn, Healesville, Lilydale, Prahran and Wantirna. In 2000, Swinburne established Swinburne University of Technology (Sarawak) in Kuching, East Malaysia.

The counselling programmes are designed to be a nested programme of study jointly organised by Mount Elizabeth Hospital and the Executive Counselling and Training Academy in Singapore. Swinburne has the advantage of being the only university programme associated with a prestigious hospital and of having a stronger reputation for high quality training in counselling.

## **EXECUTIVE COUNSELLING AND TRAINING ACADEMY PTE LTD**

ECTA (in short) is a private limited company incorporated in Singapore on 18<sup>th</sup> October 2002.

The founding directors are Dr. Tan Chue Tin (Chairman and Medical Director), Ms Jessica Leong (Clinical Director) and Dr. Donald Ee (Business Director). Mr. Augustine Tan, who is the newest member of the panel, is also a director of the board.

The vision of ECTA is to become the leader in providing professional counselling training of the highest standards available.

Since inception, ECTA has entered into an exclusive partnership with Mount Elizabeth Hospital and Swinburne University of Technology to offer three programmes, viz

- Master of Social Science (Professional Counselling)
- Graduate Diploma of Social Science (Professional Counselling)
- Graduate Certificate of Social Science (Professional Counselling)

The effective tools provided within these programmes offer students a solid base that helps the self as well as others. Besides counselling programmes, ECTA is also an educational centre that offers a wide range of courses and opportunities for professional learning.

### **FEE PAYMENT SCHEDULE**

<b>Item</b>	<b>Stage 1</b>	<b>Stage 2</b>	<b>Stage 3</b>
Course fee (Inclusive 7% GST)	S\$6,099.00	S\$6,955.00	S\$14,766.00
Registration & Administrative Fee	S\$856.00	S\$642.00 (progressive) S\$1,070.00 (direct entry)	S\$642.00 (progressive) S\$1,070.00 (direct entry)
Number of Instalments	2	2	2

The Course Fee covers study materials, tuition fees, examination fees, individual supervision, group supervision, personal therapy (only for Stage 1) and graduation (in Singapore).

All fees are in Singapore Dollars and are payable to **ECTA**.

The registration and administrative fee will be refunded if application is unsuccessful. For accepted candidates, this is not refundable if applicant withdraws from the course.

All fees are inclusive of GST.

### **Closing Dates**

Deadlines for applications for each intake are contained in the Application Forms. Please allow at least 8 weeks before the start of each intake to process the application.

### **Who to Contact**

For more information about the MSoc.Sc. or other ECTA programmes, please contact our Course Managers:

Telephone : (65) 6346 6411  
Facsimile : (65) 6344 4296  
Mobile : (65) 9634 8477 (after office hours)  
Email : helen@ecta.edu.sg; serene@ecta.edu.sg  
pohpeng@ecta.edu.sg

ECTA Website : <http://www.ecta.edu.sg>  
Swinburne Website : <http://www.swinburne.edu.au>  
Mount Elizabeth Hospital Website: <http://www.mountelizabeth.com.sg>  
Parkway College Website : <http://www.parkwaycollege.edu.sg>

The application package should be sent to:

**Clinical Director  
Master of Social Science (Professional Counselling)  
Executive Counselling and Training Academy Pte Ltd  
451 Joo Chiat Road  
#02-07/08/09/10/11 Katong Junction  
Singapore 427664**